

# CONSUMER PRICES MONITORING IN NUNAVIK 2011-2013

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*This work is dedicated to the memory of Charlie Saviakjuk, our collaborator and friend*



## Summary

**Objective, sources and methodology** – The main objective of this study was to monitor changes in consumer prices in Nunavik in the context of the implementation of the Nutrition North Canada (NNC) program. Six data collection operations were performed between April 2011 and April 2013 in nine grocery stores in Nunavik and in one control store in Québec City. This study compares the price of 163 products, based on the form adapted for the purposes of the study entitled *Nunavik Comparative Prices Index 2011*.

## Results

- **Nutrition North Canada subsidized at level 1** – The average price of food products subsidized under the NNC at level 1 had decreased 8% overall at the end of the period of observation. Among such products, the average price of fresh perishable food products had decreased 19%. However, the average price of frozen perishable products had increased 15%.
- **Nutrition North Canada subsidized at level 2** – The average price of food products subsidized under the NNC at level 2 had increased 8% overall at the end of the period of observation. Among such products, the average price of non-perishable products had increased 18%.
- **Non-subsidized products** – The average price of non-subsidized food products had increased 11% overall at the end of the period of observation. The average price of household products had increased 1%. The average price of personal care products had increased 11%.
- **Nunavik Food Program (NFP)** – The average price of food products subsidized under the NFP had decreased 10% overall at the end of the period of observation. The average price of products subsidized jointly under the NFP and the NNC had decreased 16%.
- **NNC implementation period** – The average price for all products was lowest during the transition phase. At the end of NNC implementation, the average price had returned to its initial level or gone over it, with the exception of fresh perishable food products.
- **Observed availability of products** – At the end of the period of observation, the observed availability of food products had increased 16% overall, that of household products 17% and that of personal care products 31%.
- **Differences with Québec City** – Discrepancies in prices and the observed availability of products between Nunavik and Québec City remained the same between the beginning and the end of the period of observation, and they continued to be considerable.

**Conclusion** – The NNC program appears to have achieved its objective of improving access to healthy, nutritional food in regard to the price of fresh perishable products but has failed to achieve its objective in regard to the price of frozen perishable products and products subsidized at level 2. The delisting of certain products under NNC appears to have contributed to an increase in the prices of these products. All in all, discrepancies continue to be considerable between Nunavik and Québec City.





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G.D. and A.C.



## **1. Introduction**

The main objective of this study is to track changes in consumer prices in Nunavik in the context of the implementation of the Nutrition North Canada (NNC) program, the cancellation of the Food Mail Program and the continued implementation of the Kativik Regional Government and Makivik Corporation food program, hereafter referred to as the Nunavik Food Program (NFP). The study was conducted at the request of the Kativik Regional Government, which provided the necessary funding.

The present report begins with a description of NNC and the NFP. It describes the main aspects of the study's methodology. It then discusses the results regarding general price changes, the impact of NNC and the NFP, price changes during the implementation of NNC, changes in discrepancies between Nunavik and Québec City, and the observed availability of products in Nunavik. Detailed appendices are provided at the end of the report.

## **2. Subsidy programs**

### **2.1 Nutrition North Canada**

NNC is administered by Aboriginal Affairs and Northern Development Canada (AANDC). It was gradually phased in between April 2011 and April 2013. The program is market-driven and pursues the following two objectives: to improve access to healthy, nutritious food, particularly fresh perishable food, and to promote healthy eating habits among people who live in the North.

NNC subsidizes the cost of food rather than its transportation. It offers two subsidy levels according to the nutritional value and shelf life of the products concerned. The higher level (level 1) applies to perishable foods considered most nutritious, and the lower level (level 2) to other perishable foods and certain non-perishable foods. The program also subsidizes country or traditional foods commercially processed in the North; however, such activities are

limited in Nunavik. Lastly, the program subsidizes direct and personal orders. NNC does not subsidize most non-perishable foods or non-food items, including in particular baby products, household products, personal care products, medical products, and hunting and fishing equipment.

For food products to qualify for a subsidy, they must be shipped by air to communities covered by NNC. To qualify for the program, communities must not have access to year-round surface transportation and must have previously participated in the Food Mail Program. Eligible subsidy rates vary from one community to the next. These rates, which are calculated using the weight per kilogram of eligible foods and shipment costs, are designed to ensure a degree of equity between the most remote communities and the others in terms of the prices paid for food.

The subsidies are paid directly by the Government of Canada to businesses registered with NNC. Three types of businesses may register, namely, northern retailers that operate at least one store in an eligible community, southern suppliers, and northern country food processors or distributors regulated by the Government of Canada. These businesses enter into an agreement with the government, the clauses of which are non-negotiable. They are responsible for managing their own supply chains and are required to pass on all of the subsidies they receive to their customers. The government, for its part, is responsible for ensuring that the subsidies are transferred in full to consumers. It must also ensure that the program stays within budget. NNC has a fixed annual budget of \$60 million. Of that amount, \$54 million is earmarked for the actual subsidies; \$3 million goes to Health Canada for health promotion activities in northern communities; and \$3 million is used to administer the program. To stay within budget, the government may, at the end of each year, reduce the general subsidy rate

or delist some of the previously eligible items.

NNC was to have replaced the Food Mail Program by October 1, 2010. However, a transition period was granted that extended until October 1, 2012. The goal was to allow for two more sealift cycles to bring goods to northern communities and thus make it easier for both businesses and residents to transition to the new program. The first step in this transition involved maintaining the Food Mail Program until March 31, 2011. However, certain items were no longer subsidized, namely, whole pumpkins; croissants and garlic bread; processed cheese spreads, cream, sour cream and cream cheese; ice cream, ice milk, sherbet and frozen yogurt; bacon, hydrogenated margarine, dips, water and prescription drugs. The second step, taken when NNC began to be implemented on April 1, 2011, involved introducing a new, expanded list of eligible foods and non-food items, which made it possible to extend the transition period. The two levels of subsidy rates specific to NNC were incorporated into the program at that time, dividing foods into two groups according to their nutrition value and shelf life. All of the foods that had previously been delisted were reinstated, except for water. Hunting and fishing equipment was the only category that was permanently removed.

The NNC's implementation was completed on October 1, 2012, when the subsidized foods list came into effect. Many of the items that had previously been eligible for subsidy had now become delisted. All non-food products were removed, including in particular baby products, hygiene and personal care products, household products, food additives, medical products and hunting and fishing equipment. Moreover, most of the delisted foods were of the non-perishable variety. There were some exceptions, however: whole pumpkins, garlic bread, water, prescription drugs and yeast for bread making. The subsidized foods list will be reviewed on an annual

basis and certain changes may be made at some future time.

## **2.2 Nunavik Food Program**

The Kativik Regional Government (KRG) and the Makivik Corporation administer six measures aimed at reducing the cost of living in Nunavik. These measures, which have been implemented since 2007, are funded through an annual agreement with the Quebec government and may be modified or suspended at any time. The measures include a food program designed to lower the cost of certain essential food and household products purchased regularly by consumers in stores in Nunavik. A 20% discount applies to eligible foods, including milk, butter and eggs; onions and potatoes; baking powder, flour, pasta and rice; and diapers, laundry detergent and toilet paper. Local cooperatives, Northern Stores and Newviq'vi in Kuujuaq all take part in the program.

## **3. Methodology**

### **3.1 Sampling**

This research project entailed performing six data collection operations over a two-year period. The first such operation took place in April 2011 and the last in April 2013. Each of these operations was carried out in nine grocery stores across Nunavik: two in Kuujuarapik, two in Umiujaq, two in Salluit, one in Quaqtaq and two in Kuujuaq. This purposive sampling made it possible to include representative communities in regard to the following characteristics: a range of demographic sizes, a direct or indirect air link with Montreal, the presence of one or more grocery stores, and geographic location relative to the entire territory of Nunavik. Data collection operations were begun either at Kuujuaq or Kuujuarapik and, depending on the point of departure, proceeded clockwise or anticlockwise. This choice made it possible to vary the days of the week during which grocery stores were visited by members of the survey team. Each of these operations also included a visit to a control grocery



store in Québec City – always the same one – which preferred not to be identified. The objective was to check whether the changes in prices noted in Nunavik were specific to this region or not. A second objective was to track changes in price discrepancies between Nunavik and Québec City.

### **3.2 Form and data collection rules**

The form employed for data collection was based on the form used to establish the *Nunavik Comparative Prices Index 2011*. It was adapted to include products covered under the NNC program, products that were formerly subsidized under the Food Mail Program but had been delisted under NNC, and products covered under the NFP. In each of the stores, the accuracy of the prices displayed on shelves was verified with the manager. In cases of inaccuracy or doubt, the price of the product was obtained from scanning. In the case of products whose size changed during the period of observation in comparison with that used in the form, the price for the next smallest size was selected; then, via a simple rule of three, the price was calculated for the initial size. In the case of several identical products appearing under different brands, the lowest price was the one selected. The prices used in the form were prices before tax but after discounts granted under NNC and the NFP. Products for which sizeable discounts had been given for clearance purposes (e.g., expiry date exceeded, stale or off products, etc.) were not selected.

The form was downloaded into a tablet so as to facilitate the gathering, validation and transfer of data. It consisted of 281 products broken down into three main categories: food products, household products and personal care products. Considering the high risk of a shortage at any given time for a specific product in Nunavik, and considering as well the changes in product brands made by wholesalers, the brand names of most food products were used only for the purpose of classifying products into two major generic categories – i.e., national brands and private brands.

### **3.3 Developing the database**

Once all the data had been collected, the database numbered 16,860 cells in total. Developing this database took place in several phases. The first consisted in identifying the products for which no price was gathered during two or more successive collection operations because they were not available when survey-takers stopped in at a store. This procedure made it possible to identify 138 products, 107 of which were eliminated from the study. The second phase consisted in identifying, among the remaining products, those products for which no price had been gathered during a particular collection operation. This procedure brought to light 47 products in relation to this criterion, 11 of which were eliminated. Once this process was completed, 185 products should have been eliminated from the study. However, 67 of them were kept because they were key products or because eliminating them would have meant losing entire categories of products.

Thus, the database contained 163 products spread over 9,780 cells. The next phase consisted in imputing prices to items for which prices could not be obtained during each of the data collection operations. The rule adopted was to impute to a given product in a given grocery store the price of this same product when sold in the same store but for which the price was gathered at the following data collection operation. This rule could be applied in most cases, but when it was not possible to do so, the prices from the preceding collection operation were imputed, or, in a very few cases, the prices from the most closely occurring collection operation were imputed. Where, specifically, meats were concerned, similar products were compared. However, considering the characteristics of the products available, in Québec City the prices used for fresh meat were imputed to frozen meat whereas in Nunavik the prices of frozen meat were imputed to fresh meat.

### 3.4 Processing and analysis

Each product received several codes that served for identifying them according to: categories of products (i.e., perishable food, non-perishable food and non-food); the subsidy rates used under NNC (i.e., level 1, level 2, no subsidy); and the subsidies granted under the NFP (yes or no). Since the subsidy rates used under NNC varied for several products during this period, the decision was made to classify products according to the category they belonged to at the end of the study.

Once these work phases were finished, calculations could then be performed. The first series of calculations consisted in establishing the average price of each product, for each of the data collection operations, across Nunavik. The second series consisted in establishing the difference, for each product, between the average price of the first collection operation and that of the last such operation. The third series consisted in comparing price changes in Nunavik with those observed in the Québec City. The price discrepancy between the two regions was calculated for each of the products and for each of the data collection operations. The fourth series consisted in determining the change in the price discrepancy between the beginning and the end of the study. All of these calculations were first performed in dollar figures and then converted into percentages. A fifth series of calculations was performed to assess the availability of products. The sum of observations (i.e., product present, product absent) was established for each product and each of the data collection operations. These calculations were performed in absolute figures and then converted into percentages. All these results were drawn on to produce the summary tables and charts that were used in the main analysis; some of them have been included in the present text. Finally, several charts dealing with specific products were produced. These products were chosen because they faithfully represented the categories they were intended to illustrate.

Two significance levels were used for analyzing the results. To begin with, some sub-categories contained only a few products. The decision was made that those containing five or more products would be considered for analysis purposes. Secondly, imputations of prices could have influenced variations in individual price indexes and any discrepancies occurring between price indexes. It was decided that discrepancies should have a value of 5% or more to be deemed significant.

### 3.5 Limitations

The approach adopted consisted in surveying the prices of a list of products that remained rigorously identical over the entire study period. However, these products did not constitute a standard food basket for Nunavik households. The standard basket approach was not made use of because this kind of food basket is not reported in the region.

The conclusions that have been drawn from this study are valid only for the products that were selected. As such, these conclusions cannot be generalized to all of the products available in Nunavik grocery stores, to all products in every category, or to all products subsidized under NNC and the NFP. Changes in the prices of specific products can differ from changes in prices for the category to which they belong.

Developing the database entailed deleting a certain number of products, thus leaving some sub-categories with an insufficient number of items. The results obtained in these sub-categories, which have been explicitly identified as such by a symbol in the tables, have not been considered as being significant and were not the object of any analysis.

The conclusions dealing with the prices of meat should be interpreted with caution, considering the limitations stemming from the lack of fresh products in Nunavik and of frozen products in Québec City.

The conclusions dealing with the availability of products should also be interpreted with caution. Although the objective of alternating the point of departure and the itinerary of store visits was to limit any bias that might have resulted from visiting the same stores on the same days of the week, these precautions were not sufficient for ensuring the reliability of observations. The analyses and conclusions concerning availability should be considered as indications only.

Finally, the significance level of 5% may mask price variations, some of which could result from the implementation of NNC or other causes.

#### 4. Price changes in Nunavik

##### 4.1 Food products

A comparison of the prices of food products in Nunavik, between the beginning and the end of the survey, gave the following results. Notwithstanding variations in the price of each of the items during the period of observation, the comparative price index for all food

products was, in April 2013, ultimately the same as what it was in April 2011. This set of food products which, in April 2011, cost \$100 in Québec City and \$152 in Nunavik continued to sell for \$152 in Nunavik in April 2013 (Table 1).

However, disaggregation of the index into sub-categories of products revealed some discrepancies. Overall, the price of fresh fruits and vegetables as well as that of fresh dairy products decreased significantly (Table 2). For example, in April 2013, a kilogram of bananas sold for an average of \$3.12 – i.e., 33% less than in April 2011. On the other hand, overall, the price of frozen meat and alternatives and non-perishable products increased significantly (Table 2). For example, in April 2013, a kilogram of ground beef sold for an average of \$12.51 – i.e., 30% more than in April 2011. Likewise, in April 2013, a kilogram of white all-purpose flour sold for an average of \$5.07 – i.e., 12% more than in April 2011 (Chart 1).

In short, maintaining the comparative price index of food products at its initial

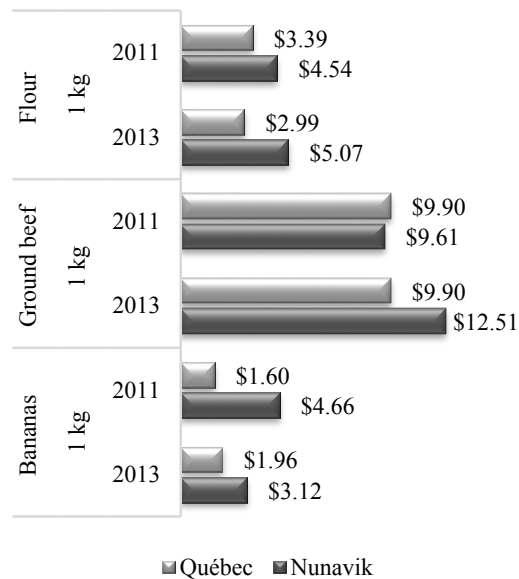
**Table 1. Price indexes for food products, households products and personal care products, all categories, Québec City and Nunavik, 2011-2013, N=163**  
(Québec City = 100)

Category	Collection date						Difference (beginning-end)
	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	
Food products n=122							
Québec City	100	100	89	90	99	97	-3
Nunavik	152	151	146	143	149	152	0
Difference per period	52	51	57	53	49	56	3
Household product n=20							
Québec City	100	101	99	98	100	102	2
Nunavik	206	208	195	200	198	207	1
Difference per period	106	107	96	102	99	105	-1
Personal care products n=21							
Québec City	100	110	110	97	110	111	11
Nunavik	155	172	160	161	172	166	11
Difference per period	55	62	50	64	61	54	-1

level masks variations in the prices of products.

This is true not only between the beginning and the end of the period but also, it would appear, over the entire period of observation.

**Chart 1. Average prices of a selection of food products in Nunavik, and comparison with Québec City, April 2011 and 2013**



#### 4.2 Household products

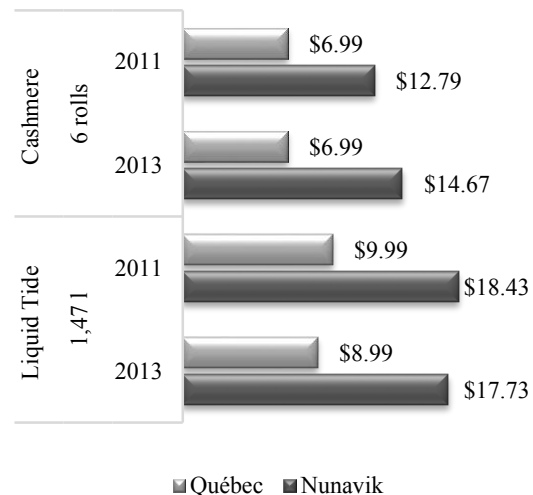
A comparison of the prices of household products in Nunavik, between the beginning and the end of the survey, gave the following results. Notwithstanding variations in the price of each of the items during the period of observation, the comparative price index for all household products was, in April 2013, practically the same as what it was in April 2011. This set of household products which, in April 2011, cost \$100 in Québec City and \$206 in Nunavik continued to sell for \$207 in Nunavik in April 2013 (Table 1).

However, disaggregation of the index into sub-categories of products revealed some discrepancies here as well. Overall, the price of cleaning products decreased (Table 2). For example, in April 2013, a 1.47-litre bottle of Tide liquid laundry detergent sold

for an average of \$17.73 – i.e., 4% less than in April 2011. On the other hand, overall, the price of paper products increased significantly (Table 2). For example, in April 2013, a six-roll package of Cashmere toilet paper sold for an average of \$14.67 – i.e., 15% more than in April 2011 (Chart 2).

As in the case of food products, maintaining the comparative price index of household products at practically its initial level masks variations in the prices of products. This is true not only between the beginning and the end of the period but also, it would appear, over the entire period of observation.

**Chart 2. Average prices of a selection of household products, Nunavik, and comparison with Québec City, April 2011 and 2013**



#### 4.3 Personal care products

A comparison of the prices of personal care products in Nunavik, between the beginning and the end of the survey, gave the following results. Notwithstanding variations in the price of each of the items during the period of observation, the comparative price index for all personal care products, in April 2013, had increased significantly compared to what it was in April 2011. This set of personal care products which, in April 2011, cost \$100 in Québec City and \$155 in Nunavik sold for \$166 in Nunavik in April 2013 (Table 1).

However, disaggregation of the index into sub-categories of products again revealed some discrepancies. Overall, the price of all baby products increased significantly (Table 2). For example, in April 2013, a pack of 40 Baby-Dry disposable diapers (size 6) sold for an average of \$28.94 – i.e., 15% more than in April 2011. On the other hand, overall, the price of personal care products remained identical (Table 2). For example, in April 2013, a 130-ml tube of toothpaste sold for an average of \$4.49 – i.e., 1% less than in April 2011, whereas a package of 400 cotton swabs sold for an average of

\$7.40 – i.e., 1% more than in April 2011 (Chart 3).

Although the price of some products decreased, overall, the comparative price index for personal care products had increased significantly at the end of the period of observation.

#### 4.4 Comparison with Québec City

Up to this point, the present study has made it possible to observe price variations between the beginning and end of the period; specifically, the comparative price index for certain categories of products

**Table 2. Difference in the price of products at the beginning and the end of the survey in Nunavik and Québec City, according to subsidy level, 2011-2013**

(%)

Category	Nunavik			Québec City	
	All products	NNC 1	NNC 2	Non-subsidised products	
Food products	0	-8	8	11	-3
Perishable foods	-7	-8	-8 <sup>E</sup>	8 <sup>E</sup>	-8
Fresh foods	-19	-19	-9 <sup>E</sup>	...	-4
Meat and alternatives	-3	-3	F	...	-7
Milk and alternatives	-30	-40	-10 <sup>E</sup>	...	17
Fruits and vegetables	-36	-37	-3 <sup>E</sup>	...	-15
Other foods	-33 <sup>E</sup>	-38 <sup>E</sup>	F	...	7
Frozen foods	11	15	-8 <sup>E</sup>	...	-15
Meat and alternatives	18	19	...	...	-21
Milk and alternatives	-26 <sup>E</sup>	...	-26 <sup>E</sup>	...	0
Fruits and vegetables	-3	-3	...	...	11
Other foods	2 <sup>E</sup>	...	2 <sup>E</sup>	...	-16
Non-perishable foods	10	-9	18	12	4
Household products	1	...	...	...	2
Cleaning products	-4	...	...	...	0
Paper products	19	...	...	...	8
Personal care products	11	...	...	...	11
Baby products	16	...	...	...	15
Hygiene products	0	...	...	...	4

Notes :

<sup>E</sup> The NNC program applies to the products in this sub-category, but few of these products were included in this study. Use with caution.

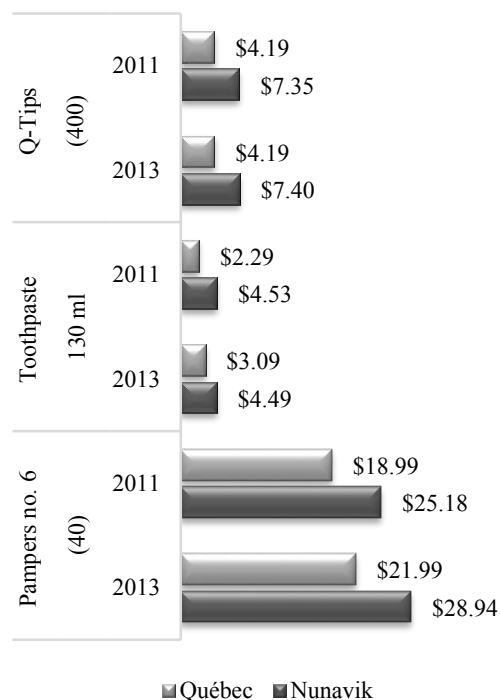
<sup>F</sup> The NNC program applies to the products in this sub-category, but none of these products were included in this study. ... The NNC program does not apply to these products.

decreased whereas the index for other categories increased. The question arises as to whether these variations are identical to those observed in Québec City.

Some categories of products show variations similar to those seen in Québec City. Food products as a whole, as well as perishable food products and fresh meat and alternatives, showed a relatively similar decrease in regard to their price index. Conversely, personal care products, particularly baby products, showed an increase (Table 2). It is plausible that these variations are due to common factors, such as general inflation, increased production costs, or higher fuel and transportation costs.

However, this explanation does not appear to take into account variations that have been observed in relation to other categories of products – especially food products – which have trended differently in Nunavik and Québec City.

**Chart 3. Average prices of a selection of personal care products, Nunavik, and comparison with Québec City, April 2011 and 2013**



Concerning a certain number of categories of products, price decreases have been sharper in Nunavik than in Québec City. Such is the case of fresh food products (-19% in Nunavik and -4% in Québec City) and fresh fruits and vegetables (-36% in Nunavik and -15% at Québec). Concerning other categories of products, variations in Nunavik and Québec City have, respectively, trended in opposite directions: fresh dairy products decreased 30% in Nunavik, but increased 17% in Québec City; frozen fruits and vegetables decreased 3% in Nunavik, but increased 11% in Québec City (Table 2).

Conversely, frozen products increased 11% in Nunavik, but decreased 15% in Québec City; likewise, frozen meats increased 18% in Nunavik, but decreased 21% in Québec City (Table 2). In these instances, factors such as inflation or an increase in transportation costs are unable to account for these differences and incongruities. The question arises as to whether implementation of NNC in Nunavik is of any value for explaining these phenomena.

## 5. Nutrition North Canada program

### 5.1 Level 1

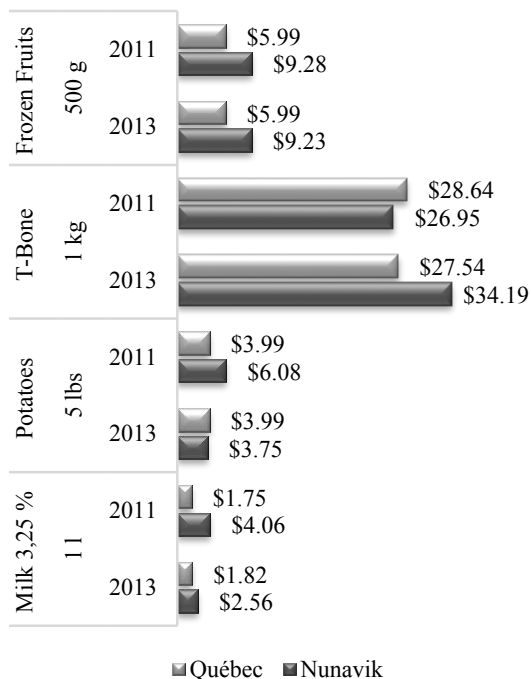
A comparison of the prices of food products subsidized under NNC at level 1, between the beginning and the end of the survey, gave the following results. The comparative price index for these products had, in April 2013, decreased 8% from what it was in April 2011 (Table 2). This set of food products which, in April 2011, cost \$100 in Québec City and \$138 in Nunavik sold for \$130 in Nunavik in April 2013 (Table-Appendix A-3.2).

Similar decreases were noted in regard to perishable products and non-perishable products (Table 2). However, disaggregation of perishable products into sub-categories revealed some discrepancies. Overall, the price of fresh perishable products decreased significantly. For example, in April 2013, a

litre of 3.25% milk sold for an average of \$2.56 – i.e., 37% less than in April 2011; likewise, in April 2013, a 5-lb bag of white potatoes sold for an average of \$3.75 – i.e., 38% less than in April 2011 (Chart 4).

Conversely, overall, the price of frozen perishable products increased significantly (Table 2). For example, in April 2013, a kilogram of T-bone steak sold for an average of \$34.19 – i.e., 27% more than in April 2011. However, overall, the price of frozen fruits and vegetables decreased, although this decrease is not significant. For example, in April 2013, a 600-g bag of Moov frozen fruit sold for an average of \$9.23 – i.e., 1% less than in April 2011 (Chart 4).

**Chart 4. Average prices of a selection of food products subsidized by the NNC program at Level 1, Nunavik, and comparison with Québec City, April 2011 and 2013**



### 5.2 Level 2

A comparison of the prices of food products subsidized under NNC at level 2 is harder to accomplish. Perishable and non-perishable food products have to be differentiated from one another. Concerning

fresh and frozen perishable products, the sub-categories of products do not have a sufficient quantity of items to be able to arrive at significant results (Table 2). Concerning non-perishable food products, the comparison gave the following results. The comparative price index for these products had, in April 2013, increased 18% from what it was in April 2011 (Table 2). This set of food products which, in April 2011, cost \$100 in Québec City and \$157 in Nunavik sold for \$175 in Nunavik in April 2013 (Table-Appendix A-3.3.2). For example, in April 2013, a 450-g box of Premium Plus crackers sold for an average of \$6.13 – i.e., 17% more than in April 2011. Likewise, in April 2013, a 454-g pack of vegetable shortening sold for an average of \$4.36 – i.e., 9% more than in April 2011 (Chart 5).

In short, a comparison of the prices of food prices subsidized under NNC shows: 1) a decrease in the price of fresh perishable products; 2) an increase in the price of frozen perishable products; and 3) an increase in the price of non-perishable products.

**Chart 5. Average prices of a selection of food products subsidized by the NNC program at Level 2, Nunavik, and comparison with Québec City, April 2011 and 2013**



### 5.3 Comparison with Québec City

One of the objectives of the NNC program is to improve access to healthy, nutritional food. The preceding observations suggest that this objective has been achieved, at least where fresh perishable products are concerned. A comparison with the situation in Québec City tends to confirm this impression. Indeed, whereas in Québec City, the price of these products, between the beginning and end of the period, decreased 4%, in Nunavik, this decrease was on the order of 19% (Table 2). This difference might be explained by implementation of NNC.

However, there are three reasons for nuancing this conclusion. First of all, the decrease in the prices of fresh perishable products may have been influenced not only by implementation of NNC but also by the NFP.

Secondly, there was an increase in the price of frozen perishable products. The price of frozen products that are subsidized at level 1, between the beginning and the end of the period, increased 15% in Nunavik. However, during this period, the price of these products decreased 15% in Québec City (Table 2). How might one explain these contrasting results? Would there have been an increase in transportation costs in the case of Nunavik? Would the NNC subsidy have had the effect of containing this increase? We do not know. At least where frozen products subsidized at level 1 are concerned, it cannot be asserted that the NNC's objective of improving access to healthy, nutritional food has been achieved.

Thirdly, there was an increase in the price of non-perishable food products subsidized at level 2. The price of these products, between the beginning and end of the period, increased 18% in Nunavik. During this period, it increased 4% in Québec City (Table 2). Would the steeper increase occurring in Nunavik be due to the re-supply by air transport of bulky products – e.g.,

crackers – or heavy products – e.g., flour? We do not know. Concerning non-perishable products subsidized at level 2, it cannot be asserted that NNC's objective of improving access to healthy, nutritional food has been reached.

### 5.4 Non-subsidized products

As a result of the implementation of NNC, several products whose transportation was previously subsidized have been delisted. A comparison of the prices of products no longer subsidized, between the beginning and the end of the survey, lead to the following two observations (Table 2). For one, there was an equivalent increase in prices between Nunavik and Québec City. This is true for household products (1% in Nunavik and 2% in Québec City) and personal care products (11% in Nunavik and 11% in Québec City). Does this similarity show that the delisting of these products as part of NNC implementation did not have any impact? Or is this phenomenon to be explained by the more large-scale use of sealift re-supply? We do not know.

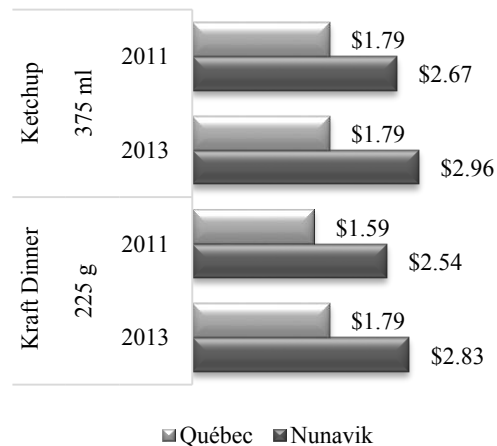
According to the second observation, the prices of certain categories of non-subsidized products exhibited sharper increases in Nunavik than in Québec City. This is true for paper products (19% in Nunavik and 8% in Québec City) and non-subsidized food products (11% in Nunavik and -3% in Québec City) (Table 2). For example, in April 2013, a 225-g box of Kraft Dinner (“The Original”) cheese macaroni sold for an average of \$2.83 – i.e., 11% more than in April 2011. Likewise, in April 2013, a 375-ml bottle of house brand bottle of ketchup sold for an average of \$2.96 – i.e., 11% more than in April 2011 (Chart 6).

Would this more sizeable increase in Nunavik be due to the end of the subsidy for the transportation of these products as part of NNC implementation? Is this phenomenon to be explained by air re-supply or by a combination of both factors? We do not know.



In short, a comparison of products not subsidized under NNC shows, overall, an increase between the beginning and the end of the survey. In some cases, this increase was equivalent between Nunavik and Québec City, and in other cases was more marked in Nunavik.

**Chart 6. Average prices of a selection of food products not subsidized by the NNC program, Nunavik, and comparison with Québec City, April 2011 and 2013**



### 5.5 Conclusion

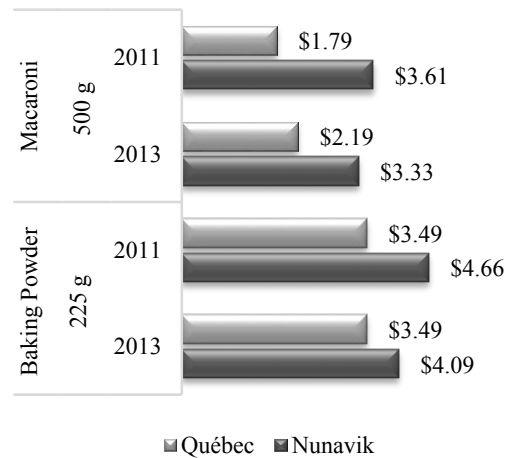
Taken together, the comparisons of price indexes leads to three general conclusions. First, there was a decrease, overall, in the prices of fresh perishable products. Secondly, there was an increase, overall, in the prices of frozen perishable products, non-perishable products and non-subsidized products. In all these cases, it would appear that these changes are related to implementation of the NNC program. Thirdly, the changes noted in the other sub-categories of products – whether upward or downward – cannot be explained with any certainty by NNC implementation alone. Several other factors may have contributed to these modifications in product prices. This is particularly true in the case of non-significant changes.

### 6. Nunavik Food Program

A comparison of the prices of products subsidized under the NFP alone, between the beginning and the end of the survey, gave

the following results. The comparative price index for these products had, in April 2013, decreased 10% from what it was in April 2011. This set of products which, in April 2011, cost \$100 in Québec City and \$175 in Nunavik, sold for \$165 in Nunavik in April 2013 (Table-appendix A-3.6). For example, in April 2013, a 225-g box of Magic baking powder sold for an average of \$4.09 – i.e., 12% less than in April 2011. Likewise, in April 2013, a 500-g box of macaroni sold for an average of \$3.33 – i.e., 8% less than in April 2011 (Chart 7).

**Chart 7. Average prices of a selection of food products only subsidized by the NFP program, Nunavik, and comparison with Québec City, April 2011 and 2013**



Some of the products subsidized under the NFP are also subsidized under NNC. In these cases, the decrease was on the order of 16%. This set of products which, in April 2011, cost \$100 in Québec City and \$165 in Nunavik, sold for \$149 in Nunavik in April 2013 (Table-appendix A-3.7). For example, in April 2013, a 3-lb bag of apples sold for an average of \$5.70 – i.e., 13% less than in April 2011 (Chart 8). Among these products, certain prices were equivalent in both places while the prices of others were even lower than those observed in Québec City, at the end of the period of observation. This was the case, for example, with a dozen eggs, which sold for \$2.97 in Nunavik and \$3.29 in Québec City in April 2013; a 5-lb bag of

yellow onions sold for \$3.35 in Nunavik and \$3.49 in Québec City (Chart 8); and a 5-lb bag of potatoes sold for \$3.75 in Nunavik and \$3.99 in Québec City (Chart 4).

However, overall, the price of products not subsidized under the NFP whether subsidized under NNC, increased 5% (Table-appendix A-3.8).

Not surprisingly, the price of jointly subsidized products decreased since the implementation of the NNC program. However, it is difficult to explain why the prices of products that were subsidized only by the NFP also decreased, since the program itself did not change substantially. Several factors need to be examined in order to explain this phenomenon, including the volume of supplies delivered via seafit.

**Chart 8. Average prices of a selection of food products subsidized by the NFP program and the NNC program at Level 1, Nunavik, and comparison with Québec City, April 2011 and 2013**



## 7. Period of implementation of the Nutrition North Canada program

An analysis of changes in the prices of all the products selected for this study over the entire period of observation gave the following results. The price for all food products decreased slightly during the period of program implementation but, at the last observation, it had returned to its initial value (Chart 9). The price for all products subsidized under NNC at level 1 followed the same trend; the only difference is that at the last observation, it remained lower than at the beginning. The price for all products subsidized under NNC at level 2 increased initially, then decreased in April 2012, and finally rose above its initial level. The price for all food products not subsidized under NNC continually increased over the entire period of observation (Chart 9).

The price for all household products decreased slightly during the period of program implementation, but at the last observation, it had returned to its initial value (Chart 10). The price of all personal care products first increased, then decreased in January and April 2012, and finally rose to a level significantly higher than its initial one (Chart 11).

In short, the prices of the products in the three main categories (i.e., food, household, and personal care) fluctuated during the implementation period. The transition period was when all the products selected for this study cost the least. Beginning in January or April 2012, depending on the case, prices increased. At the end of the period of observation, in April 2013, prices had returned to their initial level or had even occasionally gone over it. There was one exception: food products subsidized under NNC at level 1 decreased significantly. Products that ceased being subsidized during the implementation period ultimately increased.

## 8. Discrepancies between Nunavik and Québec City

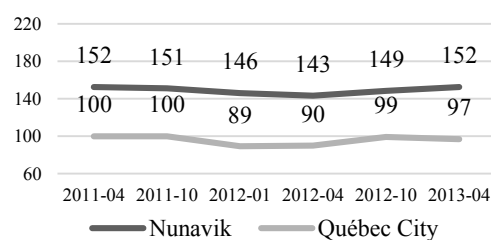
An analysis of price discrepancies for all of the selected products over the entire period of observation, between Nunavik and Québec City, gave the following results. Price discrepancies regarding products in the three main categories remained practically unchanged. In the case of food products, the discrepancy between Nunavik and Québec City was 52% in April 2011 whereas it was 56% in April 2013. In the case of household products, the discrepancy between Nunavik and Québec City was 106% in April 2011 and 105% in April 2013. In the case of personal care products, the discrepancy between Nunavik and Québec City was 55% in April 2011 and 54% in April 2013 (Table 1). Ranging between -1% à 3%, these differences are non-significant.

However, disaggregation by sub-categories of products revealed some significant discrepancies. The price discrepancy between Nunavik and Québec City decreased in the case of fresh perishable products, in particular among dairy products as well as fresh and frozen fruits and vegetables. On the other hand, it increased in the case of frozen meat and alternatives and paper products (Table 3).

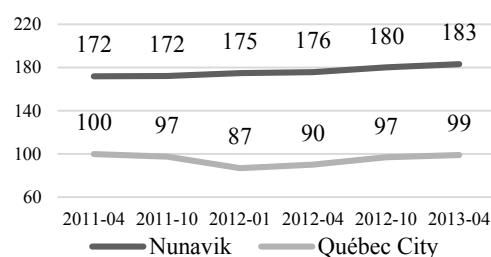
Significant changes in price discrepancies also appeared in regard to whether products were subsidized or not. The price discrepancy between Nunavik and Québec City decreased in the case of food products subsidized under the NFP. It decreased to an even greater extent in the case of food products that were also subsidized under NNC. Conversely, however, it increased in the case of non-subsidized food products (Table 3).

All in all, the price discrepancy between the two regions surveyed for all categories taken together remains quite high.

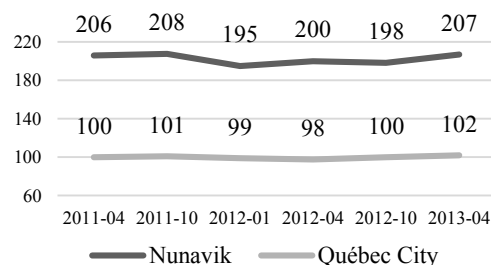
**Chart 9. Price indexes of food products, all categories, Nunavik, and comparison with Québec City, 2011-2013, N=122**



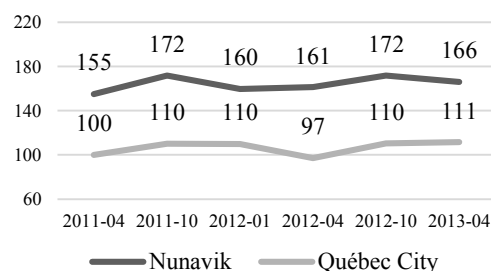
**Chart 10. Price indexes of food products not subsidized by the NNC program, Nunavik, and comparison with Québec City, 2011-2013, N= 49**



**Chart 11. Price indexes of household products, all categories, Nunavik, and comparison with Québec City, 2011-2013, N= 20**



**Chart 12. Price indexes of personal care products, all categories, Nunavik, and comparison with Québec City, 2011-2013, N= 21**



## 9. Observed availability of products

A comparison of the observed availability of products in Nunavik, between the beginning and the end of the survey, gave the following results. The observed availability of the three main categories of products appears to have increased significantly between the first and last observations. It would appear that this increase was 16% in the case of food products, 17% in the case of household products and 31% in the case of personal care products (Table 4). An analysis of products according to whether they were subsidized or not did not reveal any

significant difference in the observed availability of products. This suggests that implementation of NNC was not the factor that would explain the increase in observed availability.

An analysis of the discrepancies in availability for all products, between Nunavik and Québec City, gave the following results. First of all, the observed availability of products in Nunavik remains lower than in Québec City (Table 5). Secondly, discrepancies in the availability of products in the three main categories appear to have remained practically unchanged.

**Table 3. Difference in the price of products at the beginning and the end of the survey in Nunavik as compared to Québec City, 2011-2013**

(%)

Category	All products	NNC 1	NNC 2	NFP only	NFP and NNC	Not NFP
Food products	3	-2	3	-15	-21	8
Perishable foods	1	0	-14	...	...	...
Fresh foods	-15	-13	-37	...	...	...
Meat and alternatives	4	4	F	...	...	...
Milk and alternatives	-48	-50	-43 <sup>E</sup>	...	...	...
Fruits and vegetables	-21	-22	2 <sup>E</sup>	...	...	...
Other foods	-40 <sup>E</sup>	-43 <sup>E</sup>	F	...	...	...
Frozen foods	25	25	3 <sup>E</sup>	...	...	...
Meat and alternatives	39	35	...	...	...	...
Milk and alternatives	-26 <sup>E</sup>	...	-26 <sup>E</sup>	...	...	...
Fruits and vegetables	-15	-15	...	...	...	...
Other foods	18 <sup>E</sup>	...	18 <sup>E</sup>	...	...	...
Non-perishable foods	6	-15	14	...	...	...
Household products	-1	...	...	3 <sup>E</sup>	...	-1
Cleaning products	-4	...	...	...	...	...
Paper products	10	...	...	...	...	...
Personal care products	-1	...	...	F	...	-1
Baby products	1	...	...	...	...	...
Hygiene products	-4	...	...	...	...	...

Notes :

<sup>E</sup> The NNC program applies to the products in this sub-category, but few of these products were included in this study. Use with caution.

<sup>F</sup> The NNC program applies to the products in this sub-category, but none of these products were included in this study.

... The NNC program does not apply to these products.

NFP: Nunavik Food Program

In the case of food products, the discrepancy between Nunavik and Québec City in April 2011 was 20% whereas it was 24% in April 2013. In the case of household products, the discrepancy between Nunavik and Québec City was 25% in April 2011 and 28% in April 2013. In the case of personal care products, the discrepancy between Nunavik and Québec City was 27% in April 2011 and 29% in April 2013. Ranging between 2% and 3%, these discrepancies are non-significant.

All in all, although the availability of products appears to have increased in Nunavik, the discrepancy in the availability

of products – all categories taken together – between both of the regions surveyed appears to remain quite high.

## 10. Conclusion

Generally speaking, the comparative price indexes of food products and household products showed variations during the period of observation. At the end of this period, however, they were at the level that was initially observed. On the other hand, the comparative price index for personal care products increased significantly over time after having also fluctuated during the period of observation.

**Table 4. Difference in the observed availability of products at the beginning and the end of the survey in Nunavik, according to subsidy level, 2011-2013 (%)**

Category	All products	NNC 1	NNC 2	Non-subsidised products
Food products	16	21	15	12
Perishable foods	21	22	7	52 <sup>E</sup>
Fresh foods	15	18	2	...
Meat and alternatives	7	7	F	...
Milk and alternatives	11	17	0 <sup>E</sup>	...
Fruits and vegetables	19	21	0 <sup>E</sup>	...
Other foods	41 <sup>E</sup>	17 <sup>E</sup>	F	...
Frozen foods	34	42	22 <sup>E</sup>	...
Meat and alternatives	24	30	...	...
Milk and alternatives	44 <sup>E</sup>	...	44 <sup>E</sup>	...
Fruits and vegetables	54	54	...	...
Other foods	6 <sup>E</sup>	...	6 <sup>E</sup>	...
Non-perishable foods	11	15	22	8
Household products	17	...	...	...
Cleaning products	9	...	...	...
Paper products	30	...	...	...
Personal care products	31	...	...	...
Baby products	18	...	...	...
Hygiene products	39	...	...	...

Notes :

<sup>E</sup> The NNC program applies to the products in this sub-category, but few of these products were included in this study. Use with caution.

F The NNC program applies to the products in this sub-category, but none of these products were included in this study.

... The NNC program does not apply to these products.

A comparison of price indexes between Nunavik and Québec City revealed that discrepancies between the two regions remained the same between the beginning and the end of the period of observation, and they continued to be quite considerable.

A comparison of the prices of food products subsidized under NNC revealed a significant decrease in the prices of fresh perishable products and a significant increase of the price of other food products – i.e., frozen products and non-perishable products. It thus appears that the NNC program achieved its objective of improving access to healthy, nutritional food. The improvement of the situation in Nunavik did not, however, reduce discrepancies in price or availability between Nunavik and Québec City, which continue to be quite considerable. That being said, it cannot be asserted that the NNC has achieved its objective regarding frozen products that were subsidized at level 1 and non-perishable products that were subsidized at level 2.

It would also appear that the NFP achieved its objective of decreasing the prices of certain products. The decrease in the prices of products covered by the NFP was even more marked when these products were also covered by NNC. In some cases, the combination of subsidies appeared to result in equivalent prices between Nunavik and Québec City.

The phasing-in of the NNC program resulted in the delisting of several products that were previously subsidized under the Food Mail Program. These products fell into the categories of non-perishable foods, household products and personal care products. As a rule, their prices were significantly higher in April 2013 in comparison with those posted in April 2011.

These general conclusions should be interpreted with caution. In particular, it should be noted that they were inferred from an analysis of average prices by main categories and sub-categories of products.

**Table 5. Observed availability of food products, household products and personal care products, all categories, Québec City and Nunavik, 2011-2013, N=163**

(%)

Category	Collection date						Average	Difference (beginning-end)
	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04		
Food products n=122								
Québec City	80	72	94	95	90	99	88	20
Nunavik	60	70	75	73	70	75	70	16
Difference per period	-20	-2	-19	-22	-21	-24	-18	-4
Household products n=20								
Québec City	80	50	95	95	100	100	87	20
Nunavik	55	57	71	64	64	72	64	17
Difference per period	-25	7	-24	-31	-36	-28	-23	-3
Personal care products n=21								
Québec City	67	57	90	100	86	100	83	33
Nunavik	40	49	66	67	66	71	60	31
Difference per period	-27	-8	-25	-33	-20	-29	-24	-2

Within these categories and sub-categories, the prices of specific products can stray far from the average price of the category to which they belong. In addition, the price changes for certain products, considered in isolation, can be the opposite of the price changes for the category to which they belong. Non-significant changes – i.e., below the threshold of 5% whether upward or downward – cannot be explained with any certainty by NNC implementation alone, as several other factors may have contributed to modifying the prices of products. Finally, these conclusions provide no basis for assessing the real impact of NNC implementation on a standard food basket for Nunavik households, since the make-up of a basket of this kind is not known.





### **Summary list of appendices**

Table A-1	Assignment of products selected for analysis to categories under the NNC program and the KRG and Makivik Corporation Food Program, 2011-2013 (N=163)
Table A-2	Products eliminated from the original list based on their observed average availability during six data collection periods, 2011-2013, N=113
Tables A-3	Price indexes for food products, households products and personal care products, all categories, Québec City and Nunavik, 2011-2013, N=163 (58 tables)
Table A-4	Average price of products selected for analysis by category, sub-category and item, Nunavik, 2011-2013, N=163
Table A-5	Average price of products selected for analysis by category, sub-category and item, Québec City, 2011-2013, N=163
Tables A-6	Observed availability of food products, household products and personal care products, all categories, Québec City and Nunavik, 2011-2013, N=163 (58 tables)
Table A-7	Observed availability of products selected for analysis, Nunavik, 2011-2013 N=163
Table A-8	Observed availability of products selected for analysis, Québec City, 2011-2013 N= 163
Table A-9	List of eligible items under the Food Program of the Kativik Regional Government and Makivik Corporation, updated on February 15 2012

**Table A-1**  
**Assignment of products selected for analysis to categories under the NNC program and the KRG and Makivik Corporation Food Program, 2011-2013 (N= 163)**

NNC Level	NNC Category	NNC Category	KRG-MC Subsidized product	Category	Sub-category	Item	Unit	Quantity
(1)	(2)	(3)	(4)					
1	p	fp	no	Fresh meat	Chicken	Boneless chicken breasts	g	1 000
1	p	fp	no			Chicken drumsticks	g	1 000
1	p	fp	no			Chicken legs with back	g	1 000
1	p	fp	no		Beef	Ground beef	g	1 000
1	p	fp	no			T-bone steak	g	1 000
1	p	fp	no		Pork	Pork chops	g	1 000
3	np	x	no	Preparations	Sausages	National brand	g	450
3	np	x	no		Canned stew	Irish stew	g	410
3	np	x	no		Canned meat	Maple Leaf - KAM	g	340
3	np	x	no		Sardines	Brunswick	g	106
3	np	x	no		Tuna	National brand	g	170
1	p	f	no	Frozen meat	Chicken	Boneless chicken breasts	g	1 000
1	p	f	no			Chicken drumsticks	g	1 000
1	p	f	no			Chicken legs with back	g	1 000
1	p	f	no		Beef	Ground beef	g	1 000
1	p	f	no			T-bone steak	g	1 000
1	p	f	no		Pork	Pork chops	g	1 000
3	p	f	no	Frozen fish	Fish sticks	National brand	g	700
2	p	f	no	Frozen meals	Pizza	Kraft - Delissio Deluxe	g	927
2	p	f	no			McCain - Pizza Pockets	g	400
1	p	fp	no	Milk and yogurt	2% milk	National brand	ml	1 000
1	p	fp	no			National brand	ml	2 000
1	p	fp	no		3.25% milk	National brand	ml	1 000
1	p	fp	no			National brand	ml	2 000
1	p	fp	yes		UHT 2% milk	Grand Pré	ml	1 000
2	p	f	no		Frozen dairy products	Breyers ice cream (a)	ml	1 660
1	p	fp	no	Cream and cheese	Processed cheese slices	National brand	g	250
1	p	fp	no			National brand	g	500
1	p	fp	no			House brand	g	500
2	p	fp	no	Butter and margarine	Butter	National brand	g	454
2	p	fp	yes			House brand	g	454
2	p	fp	no		Margarine	National brand	g	454
2	p	fp	no			House brand	g	454
1	p	fp	yes	Eggs	Whites	Large	unit	12
1	p	fp	no	Fresh fruits	Bananas	(b)	g	1 000
1	p	fp	yes		Apples	(a)	lb	3
1	p	fp	no			Green (a)	g	1 000
1	p	fp	no			Red (a)	g	1 000
1	p	fp	yes		Oranges	(b)	lb	3
1	p	fp	yes	Fresh vegetables	Yellow onions	(b)	lb	2
1	p	fp	yes			(b)	lb	5
1	p	fp	yes		Potatoes	White (b)	lb	5
1	p	fp	yes			White (b)	lb	10
1	p	fp	no		Lettuce	Iceberg	unit	1
1	p	fp	no		Carrots	(b)	lb	2
1	p	fp	no			Mini carrots (b)	g	340
1	p	fp	no			Head (b)	unit	1
1	p	f	no	Frozen fruits and vegetables	Celery	National brand	g	1 000
1	p	f	no		French fries	National brand	g	1 000
1	p	f	no		Fruit	Arctic Garden (a)	g	300
1	p	f	no			Moov (a)	g	600
1	p	f	no		Green peas	National brand	g	750
1	p	f	no		Corn	National brand	g	750
1	p	f	no		Mixed vegetables	National brand	g	750
1	np	x	no	Dried fruits and vegetables	Raisins	House brand	g	375
1	np	x	no			National brand	g	500
2	p	fp	no	Fruit juice	Juice	Oasis (a)	ml	960
1	p	fp	no		Tetra Pack	National brand 10X200ml	ml	2 000
1	p	fp	no		Tetra Pack	House brand 10X200ml	ml	2 000
3	np	x	no	Canned fruits	Peaches	Del Monte - Halves or slices	ml	796
3	np	x	no	Canned vegetables	"Canada Choice" green peas	National brand	ml	398
3	np	x	no			House brand	ml	398
3	np	x	no		"Canada Choice" corn	National brand	ml	341
3	np	x	no			House brand	ml	341
1	p	x	no	Bakery products	White bread	National brand	g	675
1	p	x	no		Wholewheat bread	National brand	g	675
3	np	x	no		Cookies	Christie - Chips Ahoy!	g	350
3	np	x	no			Christie - Pirate	g	350
2	np	x	no		Crackers	Christie - Premium Plus Crackers	g	225
2	np	x	no			Christie - Premium Plus Crackers	g	450
2	np	x	no			Christie - Ritz Crackers	g	225
2	np	x	no			Christie - Ritz Crackers	g	400
3	np	x	no		Preparations	Betty Crocker - SuperMoist (a)	g	510
3	np	x	no			Quaker - Muffin Mix (a)	g	900
3	np	x	yes		Baking powder	Magic	g	225
3	np	x	yes			Magic	g	450
3	np	x	yes	Cereal products	Instant rice	Kraft - Minute Rice	g	700
2	np	x	yes		All-purpose white flour	National brand	g	1 000
2	np	x	yes			National brand	g	2 500
2	np	x	yes			National brand	g	5 000

**Table A-1  
(Continued)**

NNC Level	NNC Category	NNC Category	KRG-MC Subsidized product	Category	Sub-category	Item	Unit	Quantity
(1)	(2)	(3)	(4)					
2	np	x	yes			National brand	g	10 000
1	np	x	no		Cereals	General Mills - Cheerios	g	400
1	np	x	yes			Kellogg's - Special K	g	475
1	np	x	no			Post - Honey Comb	g	400
3	np	x	yes	Pasta	Macaroni	Catelli	g	500
3	np	x	yes			Catelli	g	900
3	np	x	yes		Spaghetti	Catelli	g	500
3	np	x	yes			Catelli	g	900
3	np	x	no		Macaroni and cheese	Kraft - Kraft Dinner "Original"	g	225
3	np	x	no	Soup	Soup mix	Lipton - Beef Vegetable	g	94
3	np	x	no			Lipton - Chicken Noodle	g	228
3	np	x	no		Canned tomato soup	Campbell's	ml	284
3	np	x	yes	Sugar	Natural granulated sugar	National brand	g	2 000
3	np	x	no		Hot chocolate mix	Nestlé Carnation (a)	g	280
3	np	x	no	Sweet spreads	Strawberry jam	National brand	ml	500
3	np	x	no			House brand	ml	500
1	p	x	no	Other preparations	Peanut butter	National brand	ml	500
1	p	x	no			House brand	ml	500
1	p	x	no			National brand	ml	1 000
1	p	x	no			House brand	ml	1 000
3	np	x	no		Coffee whitener	Nestlé Carnation - Coffee Mate	g	450
3	np	x	no		Microwavable popcorn	Orville Redenbacher's 3 X 99	g	297
3	np	x	no	Condiments, spices and vinegar	Tomato ketchup	Heinz - Plastic bottle	ml	375
3	np	x	no			Heinz - Plastic bottle	ml	750
3	np	x	no			Heinz - Plastic bottle	ml	1 000
3	np	x	no			House brand	ml	375
3	np	x	no			House brand	ml	1 000
3	np	x	no		Mayonnaise	Kraft - Miracle Whip	ml	475
3	np	x	no		Mustard	French's	ml	400
3	np	x	no	Seasonings	Salt	National brand	g	1 000
1	np	x	yes	Fats and oils	Vegetable oil	House brand	ml	946
1	np	x	no			National brand	ml	946
1	np	x	no			National brand	ml	1 420
2	np	x	no		Shortening	National brand	g	454
3	np	x	no	Coffee and tea	Orange Pekoe Tea	National brand	bag	36
3	np	x	yes			National brand	bag	72
3	np	x	no		Instant coffee	National brand	g	150
3	np	x	no			National brand	g	200
3	np	x	no		Ground coffee	Maxwell House	g	326
3	np	x	no			Nabob Coffee Co.	g	326
3	p	x	no	Non-alcoholic beverages	Water	National brand	ml	500
3	np	x	no		Soft drinks	National brand 12x355ml	ml	4 260
3	np	x	no		Flavour crystals	Tang (a)	g	276
3	pcp	x	no	Baby products	Diapers	Pampers - Baby Dry No. 1	unit	84
3	pcp	x	no			Pampers - Baby Dry No. 2	unit	72
3	pcp	x	no			Pampers - Baby Dry No. 3	unit	60
3	pcp	x	no			Pampers - Baby Dry No. 4	unit	52
3	pcp	x	no			Pampers - Baby Dry No. 5	unit	46
3	pcp	x	no			Pampers - Baby Dry No. 6	unit	40
3	pcp	x	no		Baby oil	Johnson's	ml	414
3	pcp	x	no			Compliments	ml	592
3	hp	x	no	Household products	Dishwashing liquid	Palmolive - Original	ml	850
3	hp	x	no			Sunlight - Lemon Fresh	ml	950
3	hp	x	no		Glass cleaner	Windex	ml	765
3	hp	x	no		Disinfecting cleaner	Comet	g	400
3	hp	x	no		Fabric softener	Bounce	sheet	70
3	hp	x	no			Bounce	sheet	80
3	hp	x	no			Downy	sheet	80
3	hp	x	no		Bleach	Clorox	ml	2 800
3	hp	x	no		Powder detergent	Sunlight	g	2 270
3	hp	x	no			Tide Ultra	g	1 500
3	hp	x	no			Tide Ultra	g	3 100
3	hp	x	no		Liquid detergent	Sunlight	ml	1 470
3	hp	x	yes			Tide	ml	1 470
3	hp	x	no	Paper products	Facial tissues	Scotties - 3-ply	unit	94
3	hp	x	no		Napkins	White Swan - 1-ply	unit	100
3	hp	x	no		Paper towel	Bounty - 44 sheets per roll	roll	2
3	hp	x	no		Bathroom tissue	Cashmere - Double Roll	roll	6
3	hp	x	no		Aluminium foil	Alcan	foot	25
3	hp	x	no		Garbage bags	Glad - Easy-Tie	bag	10
3	hp	x	no			Glad - Kitchen Catchers	bag	24
3	pcp	x	no	Hygiene products	Bar soap	Dove 2 X 120g	g	240
3	pcp	x	no			Ivory 3 X 90g	g	270
3	pcp	x	no		Tampons	Tampax Tampons (Regular)	unit	20
3	pcp	x	no			Tampax Tampons (Regular)	unit	40
3	pcp	x	no		Sanitary napkins	Always - Maxi Pads (Regular)	unit	18
3	pcp	x	no			Always - Maxi Pads (Regular)	unit	24
3	pcp	x	no			Always - Ultra Thin (Regular)	unit	18
3	pcp	x	no			Always - Ultra Thin (Regular)	unit	22

**Table A-1**  
**(Continued)**

NNC Level	NNC Category	NNC Category	KRG-MC Subsidized product	Category	Sub-category	Item	Unit	Quantity
(1)	(2)	(3)	(4)					
3	pcp	x	no		Toothpaste	National brand	ml	130
3	pcp	x	no		Deodorant	Lady Speed Stick	g	45
3	pcp	x	no		Cotton swab	Q-Tips	box	400
3	pcp	x	no		Shampoo	Dove	ml	355
3	pcp	x	no			Finesse	ml	300

Notes:

- 1) 1: level 1, 2: level 2, 3: level 3, 4: level 4.
- 2) p: perishable product, np : non-perishable product, hp: household product, pcp: personal care product.
- 3) fp: fresh product, f: frozen product.
- 4) yes: subsidized product, no: non-subsidized product.
- a) all varieties
- b) all brands
- KRG: Kativik Regional Government
- MC: Makivik Corporation

**Table A-2**  
**Products eliminated from the original list based on their observed average availability during six data collection periods, 2011-2013, N=113**  
 (%)

Category	Sub-category	Item	Unit	Quantity	Québec City %	Nunavik %
Fresh meat	Chicken	Chicken wings	g	1 000	60	18
	Beef	Sirloin steak	g	1 000	60	11
Preparations	Wieners	House brand	g	450	60	33
	Canned Meat	Klik	g	340	20	96
Salted and smoked meat	Bacon	National brand	g	500	60	76
	Bacon	House brand	g	500	60	49
Frozen meat	Chicken	Chicken wings	g	1 000	0	53
	Beef	Sirloin steak	g	1 000	0	16
Frozen fish	Fish Sticks	National brand	g	600	0	13
	Fish Sticks	National brand	g	680	0	4
Frozen meals	Frozen Pizza	McCain - Deep & Delicious	g	348	0	53
	Frozen Pizza	McCain - Deep & Delicious	g	696	60	47
	Frozen Pizza	McCain - Rising Crust Pepperoni	g	830	60	62
	Frozen Pizza	McCain - Pizza Pockets (8 units)	g	800	40	31
Milk and yogurt	Frozen Milk Products	Chapman's ice cream (Any brand)	ml	1 000	40	16
	Frozen Milk Products	Chapman's ice cream (Any brand)	ml	2 000	60	36
	Frozen Milk Products	Chapman's ice cream (Any brand)	ml	4 000	0	29
	Frozen Milk Products	Danone (Any variety)	g	650	60	42
	Yogourt	Yoplait (Any variety)	g	650	60	64
Cream and cheese	Cheddar	National brand	g	300	60	67
	Cheddar	House brand	g	300	60	49
	Processed Cheese Slices	House brand	g	250	20	53
Fresh fruits	Bananas	Any brand	unit	1	0	9
Fresh vegetables	Potatoes	Red Potatoes (Any brand)	lbs	5	60	40
	Celery	Any brand-bag of hearts	bag	1	60	29
Frozen fruits and vegetables	Frozen French Fries	National brand	g	900	60	76
	Frozen Fruits	Europe's Best (Any variety)	g	600	0	42
	Frozen Small Peas	Compliments	g	750	40	16
	Frozen Small Peas	Signal, BV	g	1 000	40	22
	Frozen Whole Kernel Corn	Compliments	g	750	40	4
	Frozen Whole Kernel Corn	Signal, BV	g	1 000	40	24
	Frozen Mixed Vegetables	Compliments	g	750	0	13
	Frozen Mixed Vegetables	Signal, BV	g	1 000	20	24
Dried fruits and vegetables	Dried Raisins	National brand	g	375	0	56
Fruit juice	Juice Boxes (Tetra pack)	National brand	ml	1 800	60	53
Canned fruits	Peaches	Del Monte - Peach Halves or Slices	ml	398	0	84
	Fruit Cocktail	Del Monte (Any variety)	ml	398	40	91
	Fruit Cocktail	House brand	ml	796	20	24
Bakery products	White bread	House brand	g	675	80	18
	Wheat bread	House brand	g	675	60	27
	Cookies	Christie - Chips Ahoy!	g	300	20	9
	Cookies	Dare - Whippet	g	350	40	33
	Cookies	Christie - Pirate	g	300	20	16
Cereal products	Instant Rice	Kraft - Minute Rice	g	350	20	87
	Instant Rice	National brand	g	336	40	56
	Instant Rice	National brand	g	1 000	60	62
Soup	Dried Soup	Knorr Lipton - Chicken and	g	117	60	84
	Dried Soup	Knorr Lipton - Chicken and	g	114	60	20
Sugar	Natural Granulated Sugar	National brand	g	4 000	40	76
Sweet spreads	Strawberry Jam	National brand	ml	250	60	82
	Strawberry Jam	House brand	ml	250	60	31
Other preparations	Microwave Popping Corn	Orville Redenbacher's 6 X 99	g	594	60	33
	Microwave Popping Corn	Orville R. Light 6 X 80	g	480	40	16
	Microwave Popping Corn	Orville R. Light 10 X 80	g	800	40	20
Condiments, spices and vinegar	Tomato Ketchup	Heinz - Plastic Bottle	ml	750	100	80
	Mustard	French's - Prepared Mustard	ml	225	40	51
	Mustard	French's - Prepared Mustard	ml	550	60	0
Fats and oils	Shortening	House brand	g	454	60	31
Non-alcoholic beverages	Water	National brand	ml	1 000	40	27
	Water	National brand	ml	1 500	60	56
	Fruit Flavored Crystals	Kool-Aid (Any variety)	g	517	20	87
	Fruit Flavored Crystals	Tang (Any variety)	g	613	40	78
Infant or junior foods	Baby Formula	Liquid concentrate	ml	385	20	93
	Baby Formula	Powder	g	900	60	71
Baby products	Diapers	Pampers - Baby-dry #1	n	40	0	36
	Diapers	Pampers - Baby-dry #2	n	34	0	40
	Diapers	Pampers - Baby-dry #3	n	28	0	42
	Diapers	Pampers - Baby-dry #4	n	24	0	42
	Diapers	Pampers - Baby-dry #5	n	22	0	29
	Diapers	Pampers - Baby-dry #6	n	18	0	27
	Diapers	Pampers - Baby-dry #1	n	50	20	42
	Diapers	Pampers - Baby-dry #2	n	42	20	18
	Diapers	Pampers - Baby-dry #3	n	36	20	27
	Diapers	Pampers - Baby-dry #4	n	31	20	24
	Diapers	Pampers - Baby-dry #5	n	27	20	53
	Diapers	Pampers - Baby-dry #6	n	23	20	44
	Baby Oil	Johnson's	ml	118	0	22
Household products	Liquid Dishwashing Detergents	Sunlight - Lemon Fresh	ml	500	0	73
	Disinfecting Cleaners	Ajax	g	400	0	58
	Fabric Softener	Bounce	sheets	25	0	76
	Fabric Softener	Bounce	sheets	40	0	44
	Fabric Softener	Downy	sheets	40	0	29
	Bleach	Clorox	ml	1 770	0	33

**Table A-2**  
**(Continued)**

Category	Sub-category	Item	Unit	Quantity	Québec City %	Nunavik
	Powder Detergent	Clorox	g	1 200	0	4
	Powder Detergent	Clorox	g	1 500	0	11
	Powder Detergent	Clorox	g	1 900	40	2
	Powder Detergent	Clorox	g	3 200	0	4
	Powder Detergent	Tide Ultra	g	1 100	0	22
	Liquid Detergent	Tide	ml	1 180	0	31
	Liquid Detergent	Tide	ml	2 950	60	7
	Sponge and scrub	SOS	n	10	60	38
	Sponge and scrub	Scotch-Brite	n	2	40	22
	Aerosol air fresheners	Febreze	g	275	40	11
	Plastic container	Ziploc square-small	n	5	60	13
Paper products	Paper Towels	Fiesta 45 2 ply	rolls	2	20	22
	Bathroom Tissue	Cashmere - 2-ply	rolls	4	0	47
	Bathroom Tissue	Cashmere - 2-ply	rolls	12	40	11
	Bathroom Tissue	Cashmere - 2-ply	rolls	24	60	9
	Bathroom Tissue	Compliments - 2-ply	rolls	12	60	13
	Bathroom Tissue	Cashmere - 2-ply double roll	rolls	12	60	9
	Aluminum Foil	Alcan	feet	50	60	76
	Coffee filter	Melitta	filter	100	40	47
Hygiene products	Soap Deodorant Bars	Lever 2000 4 X 89g	g	356	0	42
	Tampons	Tampax Tampons (Regular)	n	10	0	20
	Feminine Pads	Always - Maxi pads (Regular)	pads	16	40	40
	Feminine Pads	Always - Maxi pads (Regular)	pads	22	0	13
	Feminine Pads	Always - Ultra Thin (Regular)	pads	16	0	24
	Deodorants	Woman Secret	g	45	60	33
	Deodorants	Man Speed Stick	g	85	20	0
	Deodorants	Man Irish Spring	g	92	40	0
	Deodorants	Woman Dove	g	45	40	33
	Shampoo	Head & Shoulders	ml	420	60	58
	Shampoo	Sunsilk	ml	355	40	9

Notes:

- a) all varieties
- b) all brands

**Table A-3****Price indexes for food products, households products and personal care products, all categories, Québec City and Nunavik, 2011-2013, N=163***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Food products n=122							
Québec City	100	100	89	90	99	97	-3
Nunavik	152	151	146	143	149	152	0
Difference per period	52	51	57	53	49	56	3
Household product n=20							
Québec City	100	101	99	98	100	102	2
Nunavik	206	208	195	200	198	207	1
Difference per period	106	107	96	102	99	105	-1
Personal care products n=21							
Québec City	100	110	110	97	110	111	11
Nunavik	155	172	160	161	172	166	11
Difference per period	55	62	50	64	61	54	-1

**Table A-3.1**  
**Price indexes for food products, all categories, Québec City and Nunavik, 2011-2013, N=122**  
*(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	89	90	99	97	-3
Nunavik	152	151	146	143	149	152	0
Difference per period	52	51	57	53	49	56	3



**Table A-3.1.1****Price indexes for perishable food products, Québec City and Nunavik, 2011-2013, n=58***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	85	84	97	92	-8
Nunavik	139	133	124	123	128	132	-7
Difference per period	39	34	39	39	30	40	1

**Table A-3.1.1.1****Price indexes for fresh perishable food products, Québec City and Nunavik, 2011-2013, n=42***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	90	90	102	96	-4
Nunavik	147	137	127	126	127	129	-19
Difference per period	47	38	37	35	25	32	-15

**Table A-3.1.1.1a****Price indexes for fresh perishable food products, meat and alternatives, Québec City and Nunavik, 2011-2013, n=11***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	84	83	100	93	-7
Nunavik	119	114	106	110	117	116	-3
Difference per period	19	14	22	27	17	23	4

**Table A-3.1.1.1b****Price indexes for fresh perishable food products, dairy products, Québec City and Nunavik, 2011-2013, n=12***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	104	101	112	117	17
Nunavik	181	171	155	153	151	151	-30
Difference per period	81	71	52	52	40	34	-48

**Table A-3.1.1.1c****Price indexes for fresh perishable food products, fruits and vegetables, Québec City and Nunavik, 2011-2013, n=16***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	96	89	93	102	85	-15
Nunavik	171	155	145	133	126	136	-36
Difference per period	71	60	55	40	25	50	-21

**Table A-3.1.1.1d****Price indexes for fresh perishable food products, other sub-categories, Québec City and Nunavik, 2011-2013, n=3***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	103	101	101	92	107	7
Nunavik	154	129	122	121	129	120	-33
Difference per period	54	26	21	20	37	13	-40

**Table A-3.1.1.2****Price indexes for frozen perishable food products, Québec City and Nunavik, 2011-2013, n=16***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	78	76	90	85	-15
Nunavik	127	127	120	119	129	137	11
Difference per period	27	27	43	44	39	52	25

**Table A-3.1.1.2a****Price indexes for frozen perishable food products, meat and alternatives, Québec City and Nunavik, 2011-2013, n=7***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	74	69	84	79	-21
Nunavik	102	101	94	94	111	120	18
Difference per period	2	2	20	25	27	41	39

**Table A-3.1.1.2b****Price indexes for frozen perishable food products, dairy products, Québec City and Nunavik, 2011-2013, n=1***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	44	100	100	100	0
Nunavik	217	217	234	195	181	191	-26
Difference per period	117	117	189	95	81	91	-26

**Table A-3.1.1.2c****Price indexes for frozen perishable food products, fruits and vegetables, Québec City and Nunavik, 2011-2013, n=6***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	100	98	110	111	11
Nunavik	184	182	167	173	171	181	-3
Difference per period	84	83	67	75	61	70	-15

**Table A-3.1.1.2d****Price indexes for frozen perishable food products, other sub-categories, Québec City and Nunavik, 2011-2013, n=2***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	108	84	76	100	84	-16
Nunavik	164	176	175	176	169	167	2
Difference per period	64	68	91	100	69	83	18

**Table A-3.1.2****Price indexes for non-perishable food products, Québec City and Nunavik, 2011-2013, n=64***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	101	95	97	102	104	4
Nunavik	171	176	176	171	177	180	10
Difference per period	71	75	81	74	75	77	6

**Table A-3.2****Price indexes for food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=56***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	101	89	87	99	94	-6
Nunavik	138	131	121	120	126	130	-8
Difference per period	38	31	33	33	27	37	-2

**Table A-3.2.1****Price indexes for perishable food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=48***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	86	86	99	92	-8
Nunavik	136	128	118	117	123	128	-8
Difference per period	36	29	32	32	25	36	0

**Table A-3.2.1.1****Price indexes for fresh perishable food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=36***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	88	89	101	94	-6
Nunavik	144	133	123	122	122	125	-19
Difference per period	44	34	35	33	21	31	-13

**Table A-3.2.1.1a****Price indexes for fresh perishable food products, meat and alternatives, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=11***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	84	83	100	93	-7
Nunavik	119	114	106	110	117	116	-3
Difference per period	19	14	22	27	17	23	4

**Table A-3.2.1.1b****Price indexes for fresh perishable food products, dairy products, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=8***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	97	94	106	110	10
Nunavik	180	164	147	146	141	140	-40
Difference per period	80	64	50	52	35	30	-50

**Table A-3.2.1.1c****Price indexes for fresh perishable food products, fruits and vegetables, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=15***(Québec City = 100)*

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Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	96	90	94	102	85	-15
Nunavik	170	153	142	130	123	133	-37
Difference per period	70	57	52	36	21	48	-22

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**Table A-3.2.1.1d****Price indexes for fresh perishable food products, other sub-categories, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=2***(Québec City = 100)*

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Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	103	102	102	102	105	5
Nunavik	155	125	120	120	113	117	-38
Difference per period	55	22	19	18	11	12	-43

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**Table Table A-3.2.1.2****Price indexes for frozen perishable food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=12***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	83	80	94	89	-11
Nunavik	120	118	109	109	125	135	15
Difference per period	20	19	26	30	32	46	25

**Table A-3.2.1.2a****Price indexes for frozen perishable food products, meat and alternatives, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=6***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	79	75	89	84	-16
Nunavik	104	102	94	93	113	123	19
Difference per period	4	2	15	18	24	39	35

**Table A-3.2.1.2b****Price indexes for frozen perishable food products, fruits and vegetables, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=6***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	100	98	110	111	11
Nunavik	184	182	167	173	171	181	-3
Difference per period	84	83	67	75	61	70	-15

**Table A-3.2.2****Price indexes for non-perishable food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=8***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	111	106	102	102	106	6
Nunavik	155	155	146	141	144	146	-9
Difference per period	55	45	40	39	42	40	-15

**Table A-3.3****Price indexes for food products subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=17***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	103	96	99	105	104	4
Nunavik	168	184	183	168	174	176	8
Difference per period	68	81	87	70	68	72	3

**Table A-3.3.1****Price indexes for perishable food products subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=8***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	103	87	95	108	106	6
Nunavik	186	191	188	180	177	178	-8
Difference per period	86	88	101	85	68	72	-14

**Table A-3.3.1.1****Price indexes for fresh perishable food products subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=5***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	111	110	120	128	28
Nunavik	190	193	179	177	181	181	-9
Difference per period	90	93	68	66	61	53	-37

**Table A-3.3.1.1a****Price indexes for fresh perishable food products, dairy products, subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=4***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	118	115	123	133	33
Nunavik	185	187	174	169	173	175	-10
Difference per period	85	87	56	54	50	42	-43

**Table 3.3.1.1b****Price indexes for fresh perishable food products, fruits and vegetables, subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=1***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	59	74	94	94	-6
Nunavik	229	236	214	231	240	226	-3
Difference per period	129	136	155	157	146	132	2



**Table A-3.3.1.2****Price indexes for frozen perishable food products subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=3***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	105	70	84	100	90	-10
Nunavik	183	190	196	183	173	175	-8
Difference per period	83	85	126	98	73	85	3

**Table A-3.3.1.2a****Price indexes for frozen perishable food products, dairy products, subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013k, 2011-2013, n=1***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	44	100	100	100	0
Nunavik	217	217	234	195	181	191	-26
Difference per period	117	117	189	95	81	91	-26

**Table A-3.3.1.2b****Price indexes for frozen perishable food products, other sub-categories, subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=2***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	108	84	76	100	84	-16
Nunavik	164	176	175	176	169	167	2
Difference per period	64	68	91	100	69	83	18

**Table A-3.3.2****Price indexes for non-perishable food products subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=9***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	103	101	100	103	103	3
Nunavik	157	180	180	160	172	175	18
Difference per period	57	77	78	60	68	72	14

**Table A-3.4****Price indexes for food products not subsidized by NNC, Québec City and Nunavik, 2011-2013, n=49***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	97	87	90	97	99	-1
Nunavik	172	172	175	176	180	183	11
Difference per period	72	75	88	86	83	84	12

**Table A-3.4.1****Price indexes for perishable food products not subsidized by NNC, Québec City and Nunavik, 2011-2013, n=2***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	92	54	36	49	56	-44
Nunavik	95	101	98	101	105	102	8
Difference per period	-5	9	44	65	55	46	52

**Table A-3.4.2****Price indexes for non-perishable food products not subsidized by NNC, Québec City and Nunavik, 2011-2013, n=47***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	98	90	95	101	103	3
Nunavik	179	179	182	183	187	191	12
Difference per period	79	81	92	88	86	88	8

**Table A-3.5****Price indexes for products subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=25***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	100	99	101	103	3
Nunavik	168	166	166	144	148	154	-14
Difference per period	68	66	66	46	47	51	-17

**Table A-3.5.1****Price indexes for food products subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=24***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	101	99	102	104	4
Nunavik	167	166	164	142	147	152	-15
Difference per period	67	66	63	42	45	48	-19

**Table A-3.5.2****Price indexes for household products subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=1***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	90	90	90	90	-10
Nunavik	184	167	182	169	153	177	-7
Difference per period	84	67	92	79	63	87	3

**Table A-3.6****Price indexes for products subsidized by the KRG and Makivik Corporation Food Program alone, Québec City and Nunavik, 2011-2013, n=10***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	97	94	99	100	0
Nunavik	175	166	181	160	157	165	-10
Difference per period	75	66	85	65	57	65	-11

**Table A-3.6.1****Price indexes for food products subsidized by the KRG and Makivik Corporation Food Program alone, Québec City and Nunavik, 2011-2013, n=9***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	99	96	102	103	3
Nunavik	172	166	181	157	158	161	-11
Difference per period	72	66	82	61	55	57	-15

**Table A-3.6.2****Price indexes for household products subsidized by the KRG and Makivik Corporation Food Program alone, Québec City and Nunavik, 2011-2013, n=1***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	90	90	90	90	-10
Nunavik	184	167	182	169	153	177	-7
Difference per period	84	67	92	79	63	87	3

**Table A-3.7****Price indexes for products subsidized by the KRG and Makivik Corporation Food Program and by the NNC program at levels 1 and 2, Québec City and Nunavik, 2011-2013, n=15***(Québec City = 100)*

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Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	102	101	102	105	5
Nunavik	165	166	158	136	144	149	-16
Difference per period	65	66	56	35	41	44	-21

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**Table A-3.7.1****Price indexes for food products subsidized by the KRG and Makivik Corporation Food Program and by the NNC program at levels 1 and 2, Québec City and Nunavik, 2011-2013, n=15***(Québec City = 100)*

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Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	99	102	101	102	105	5
Nunavik	165	166	158	136	144	149	-16
Difference per period	65	66	56	35	41	44	-21

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**Table A-3.8****Price indexes for products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=138***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	103	94	91	102	100	0
Nunavik	158	162	153	156	162	163	5
Difference per period	58	59	60	65	60	63	5

**Table A-3.8.1****Price indexes for food products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=98***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	87	88	99	95	-5
Nunavik	149	148	142	144	149	153	4
Difference per period	49	47	55	56	50	57	8

**Table A-3.8.2****Price indexes for household products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=19***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	101	100	98	101	103	3
Nunavik	208	212	196	203	203	210	2
Difference per period	108	111	97	105	102	107	-1

**Table A-3.8.3****Price indexes for personal care products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=21***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	110	110	97	110	111	11
Nunavik	155	172	160	161	172	166	11
Difference per period	55	62	50	64	61	54	-1

**Table A-3.9****Price indexes for household products, all categories, Québec City and Nunavik, 2011-2013, n=20***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	101	99	98	100	102	2
Nunavik	206	208	195	200	198	207	1
Difference per period	106	107	96	102	99	105	-1

**Table A-3.9.1****Price indexes for household products, cleaning products, Québec City and Nunavik, 2011-2013, n=13***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	99	97	100	100	0
Nunavik	214	216	200	204	202	210	-4
Difference per period	114	116	101	107	103	110	-4

**Table A-3.9.2****Price indexes for household products, paper products, Québec City and Nunavik, 2011-2013, n=7***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	104	100	98	100	108	8
Nunavik	176	176	179	184	184	195	19
Difference per period	76	72	79	86	84	86	10

**Table A-3.9.3****Price indexes for household products subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=1***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	90	90	90	90	-10
Nunavik	184	167	182	169	153	177	-7
Difference per period	84	67	92	79	63	87	3

**Table A-3.9.4****Price indexes for household products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=19***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	101	100	98	101	103	3
Nunavik	208	212	196	203	203	210	2
Difference per period	108	111	97	105	102	107	-1

**Table A-3.10****Price indexes for personal care products, all categories, Québec City and Nunavik, 2011-2013, n=21***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	110	110	97	110	111	11
Nunavik	155	172	160	161	172	166	11
Difference per period	55	62	50	64	61	54	-1

**Table A-3.10.1****Price indexes for personal care products, baby products, Québec City and Nunavik, 2011-2013, n=8***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	115	115	95	115	115	15
Nunavik	139	166	149	151	165	155	16
Difference per period	39	51	34	56	50	40	1

**Table A-3.10.2****Price indexes for personal care products, personal hygiene products, Québec City and Nunavik, 2011-2013, n=13***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	100	99	102	101	104	4
Nunavik	191	185	183	185	188	191	0
Difference per period	91	86	85	83	87	86	-4

**Table 1A-3.10.3****Price indexes for personal care products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=21***(Québec City = 100)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Difference (beginning-end)
Québec City	100	110	110	97	110	111	11
Nunavik	155	172	160	161	172	166	11
Difference per period	55	62	50	64	61	54	-1



**Table A-4**  
**Average price of products selected for analysis by category, sub-category and item, Nunavik, 2011-2013, N= 163**  
(\$)

Category	Sub-category	Item	Unit	Quantity	Nunavik						
					2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	
					\$						
Fresh meat	Chicken	Boneless chicken breasts	g	1 000	19,49	16,49	16,84	16,84	16,99	18,42	
		Chicken drumsticks	g	1 000	7,14	9,69	7,64	7,36	7,99	8,64	
	Beef	Chicken legs with back	g	1 000	10,58	7,94	7,58	6,98	6,59	6,72	
		Ground beef	g	1 000	9,61	9,32	8,99	8,11	10,05	10,06	
Preparations	Pork	T-bone steak	g	1 000	26,95	25,33	22,79	25,22	27,06	27,39	
		Pork chops	g	1 000	9,37	11,49	9,53	8,29	10,76	9,25	
	Sausages	National brand	g	450	6,89	6,05	5,52	5,26	4,72	5,77	
	Canned stew	Irish stew	g	410	3,80	3,57	3,42	3,53	3,53	3,77	
	Canned meat	Maple Leaf - KAM	g	340	5,70	5,57	5,63	5,70	5,91	5,75	
	Sardines	Brunswick	g	106	1,76	1,85	1,81	1,82	2,12	2,19	
Frozen meat	Chicken	National brand	g	170	3,45	3,16	2,58	2,69	3,07	3,27	
		Boneless chicken breasts	g	1 000	17,54	15,89	16,84	16,84	16,99	16,07	
	Beef	Chicken drumsticks	g	1 000	7,14	9,69	7,64	7,36	8,24	9,48	
		Chicken legs with back	g	1 000	10,58	7,94	7,58	6,98	6,25	7,37	
Frozen fish	Pork	Ground beef	g	1 000	9,61	9,32	8,99	8,11	10,98	12,51	
		T-bone steak	g	1 000	26,95	25,33	22,79	25,22	32,25	34,19	
	Fish sticks	Pork chops	g	1 000	9,37	11,49	9,53	8,29	13,87	16,48	
Frozen meals	Pizza	National brand	g	700	11,85	12,72	12,56	12,98	12,40	13,04	
		Kraft - Delissio Deluxe	g	927	14,84	15,61	15,14	15,09	14,44	13,81	
Milk and yogurt	2% milk	McCain - Pizza Pockets	g	400	5,65	6,38	6,68	6,84	6,68	6,98	
		National brand	ml	1 000	4,50	3,61	2,66	2,91	2,76	2,73	
	3.25% milk	National brand	ml	2 000	5,62	3,14	5,06	4,09	4,68	4,96	
		National brand	ml	1 000	4,06	4,10	2,69	3,10	2,62	2,56	
	UHT 2% milk	National brand	ml	2 000	7,29	6,41	5,36	5,21	4,93	4,09	
Cream and cheese	Frozen dairy products	Grand Pré	ml	1 000	3,72	3,85	3,69	3,42	3,22	3,20	
		Breyers ice cream (a)	ml	1 660	14,72	14,72	15,87	13,26	12,27	12,94	
	Processed cheese slices	National brand	g	250	5,86	6,13	5,39	5,53	5,36	5,33	
		National brand	g	500	9,62	9,01	8,01	8,31	8,61	8,50	
Butter and margarine	Butter	House brand	g	500	8,44	8,44	7,30	7,16	6,40	6,96	
		National brand	g	454	7,94	8,04	7,70	7,62	7,01	7,09	
	Margarine	House brand	g	454	6,14	6,79	6,19	5,26	6,07	5,90	
		National brand	g	454	5,00	5,17	4,64	5,20	5,24	5,35	
Eggs	Whites	House brand	g	454	3,74	3,07	2,94	2,85	3,06	3,31	
		Large	unit	12	4,28	3,38	3,45	3,26	2,79	2,97	
Fresh fruits	Bananas	(b)	g	1 000	4,66	3,54	3,73	2,71	2,89	3,12	
		Apples	lb	3	6,54	6,72	6,09	4,73	4,77	5,70	
	Oranges	Green (a)	g	1 000	8,45	8,77	11,97	12,52	9,39	8,57	
		Red (a)	g	1 000	8,65	9,78	9,26	8,09	8,09	10,46	
Fresh vegetables	Yellow onions	(b)	lb	3	14,28	7,08	5,74	5,44	5,53	5,06	
		(b)	lb	2	3,55	2,34	2,35	1,31	1,72	2,39	
	Potatoes	(b)	lb	5	4,46	3,31	3,32	3,30	3,69	3,35	
		White (b)	lb	5	6,08	4,46	4,38	3,66	3,50	3,75	
	Lettuce	White (b)	lb	10	8,71	9,32	6,17	6,35	5,81	5,73	
	Carrots	Iceberg	unit	1	2,62	2,82	2,43	2,28	2,17	3,09	
(b)		lb	2	2,75	2,10	2,26	2,60	1,75	2,55		
Frozen fruits and vegetables	Celery	Mini carrots (b)	g	340	2,07	1,96	1,91	1,95	1,95	1,58	
		Head (b)	unit	1	2,84	2,77	2,26	2,13	1,90	2,78	
	French fries	National brand	g	1 000	6,18	5,63	4,05	4,48	4,56	5,21	
		Fruit	g	300	5,19	5,19	4,87	4,86	4,69	4,79	
	Green peas	Moov (a)	g	600	9,28	9,28	9,45	9,19	8,29	9,23	
		National brand	g	750	5,66	5,66	4,79	4,88	4,91	5,34	
Dried fruits and vegetables	Raisins	Corn	g	750	4,68	4,68	4,99	5,66	6,16	6,03	
		Mixed vegetables	g	750	6,19	6,19	5,62	5,77	5,84	5,92	
Fruit juice	Juice	National brand	g	375	3,39	3,39	3,90	3,59	4,28	4,57	
		House brand	g	500	5,71	5,71	4,83	4,88	5,14	5,77	
	Tetra Pack	Oasis (a)	ml	960	3,88	3,98	3,61	3,90	4,05	3,82	
	Tetra Pack	National brand 10X200ml	ml	2 000	8,28	9,80	8,70	6,94	7,23	7,44	
Canned fruits	Peaches	House brand 10X200ml	ml	2 000	7,81	7,81	6,42	6,41	6,04	6,37	
		Del Monte - Halves or slices	ml	796	6,18	5,92	6,14	6,31	6,54	7,39	
Canned vegetables	"Canada Choice" green peas	National brand	ml	398	2,33	3,04	3,10	3,11	3,75	3,75	
		House brand	ml	398	2,39	1,87	2,05	2,13	2,45	2,39	
	"Canada Choice" corn	National brand	ml	341	2,64	2,59	2,75	2,74	2,70	2,73	
		House brand	ml	341	2,27	1,69	1,82	1,93	2,06	2,36	
Bakery products	White bread	National brand	g	675	4,70	3,81	3,93	3,84	3,43	3,75	
		Wholewheat bread	g	675	5,34	4,31	3,86	3,94	3,88	3,83	
	Cookies	Christie - Chips Ahoy!	g	350	6,60	6,84	6,91	6,87	6,87	8,64	
		Christie - Pirate	g	350	6,61	6,82	6,78	7,02	7,02	8,56	
	Crackers	Christie - Premium Plus Crackers	Christie - Premium Plus Crackers	g	225	4,54	4,43	4,15	4,18	4,24	4,27
			Christie - Premium Plus Crackers	g	450	5,24	5,91	5,88	6,01	6,10	6,13
		Christie - Ritz Crackers	Christie - Ritz Crackers	g	225	5,40	5,28	5,15	5,20	5,31	5,32
			Christie - Ritz Crackers	g	400	7,19	7,64	7,39	7,72	7,69	7,77
	Preparations	Betty Crocker - SuperMoist (a)	Christie - Premium Plus Crackers	g	510	3,68	4,25	3,91	4,43	4,52	4,63
			Quaker - Muffin Mix (a)	g	900	7,53	7,53	7,81	7,79	7,90	7,93
	Baking powder	Magic	Quaker - Muffin Mix (a)	g	225	4,66	4,50	4,73	4,16	4,20	4,09
			Magic	g	450	7,46	6,94	7,75	6,54	6,69	6,48
Cereal products	Instant rice	Kraft - Minute Rice	g	700	7,48	6,28	6,70	5,98	5,83	6,07	
		All-purpose white flour	g	1 000	4,54	5,75	4,59	4,51	5,08	5,07	
	Cereals	National brand	National brand	g	2 500	10,12	10,54	11,08	10,07	10,23	10,38
			National brand	g	5 000	13,59	22,08	19,72	17,58	21,94	19,62
		General Mills - Cheerios	National brand	g	10 000	28,31	29,16	32,54	24,97	25,45	29,42
			General Mills - Cheerios	g	400	8,17	8,19	7,62	7,64	7,72	7,50

**Table A-4  
(Continued)**

Category	Sub-category	Item	Unit	Quantity	Nunavik						
					2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	
\$											
Pasta	Macaroni	Kellogg's - Special K	g	475	9,33	8,51	7,87	6,98	6,69	7,72	
		Post - Honey Comb	g	400	7,17	7,01	6,76	6,79	6,78	6,82	
		Catelli	g	500	3,61	3,18	3,54	3,28	3,24	3,33	
	Spaghetti	Catelli	g	900	5,50	5,34	6,03	5,17	5,67	5,59	
		Catelli	g	500	3,20	3,09	3,46	3,37	3,24	3,18	
Soup	Macaroni and cheese	Catelli	g	900	6,45	5,49	6,46	5,51	5,70	5,49	
		Kraft - Kraft Dinner "Original"	g	225	2,54	2,52	2,53	2,45	2,74	2,83	
	Soup mix	Lipton - Beef Vegetable	g	94	3,09	3,06	3,03	3,11	3,14	3,32	
		Lipton - Chicken Noodle	g	228	4,43	5,21	5,05	5,43	5,41	5,51	
		Campbell's	ml	284	2,28	2,09	2,02	2,12	2,31	2,17	
Sugar	Natural granulated sugar	National brand	g	2 000	6,86	8,23	8,98	6,83	6,51	7,81	
		House brand	g	280	6,73	5,62	5,66	5,72	5,87	5,91	
Sweet spreads	Hot chocolate mix	National brand	ml	500	6,28	6,67	6,86	7,00	6,82	7,55	
		House brand	ml	500	5,50	4,88	5,13	5,27	5,96	5,12	
Other preparations	Peanut butter	National brand	ml	500	5,86	5,46	4,92	6,04	6,26	6,25	
		House brand	ml	500	4,17	4,22	4,21	4,81	5,23	4,67	
		National brand	ml	1 000	9,96	10,18	8,79	11,08	10,95	11,18	
	Coffee whitener	House brand	ml	1 000	7,90	6,95	7,43	8,58	8,58	6,89	
		Nestlé Carnation - Coffee Mate	g	450	3,53	6,59	6,33	6,56	6,68	6,94	
Condiments, spices and vinegar	Microwavable popcorn	Orville Redenbacher's 3 X 99	g	297	5,57	6,79	6,35	6,86	5,70	6,68	
		Tomato ketchup	ml	375	3,91	4,18	4,08	4,71	4,56	4,74	
	Mustard	Heinz - Plastic bottle	ml	750	7,83	7,68	7,75	7,74	8,62	9,42	
		Heinz - Plastic bottle	ml	1 000	8,23	8,15	7,89	7,87	8,55	8,49	
		House brand	ml	375	2,67	2,89	2,89	2,94	3,25	2,96	
Mayonnaise	House brand	ml	1 000	3,77	4,78	4,96	5,06	6,73	6,73		
	Kraft - Miracle Whip	ml	475	5,36	5,62	5,51	5,74	5,84	5,86		
Seasonings	Salt	French's	ml	400	4,03	3,92	3,93	4,14	3,94	4,16	
		National brand	g	1 000	3,01	3,01	2,76	3,13	3,12	3,19	
Fats and oils	Vegetable oil	House brand	ml	946	6,80	7,81	7,82	7,03	7,13	7,30	
		National brand	ml	946	6,19	6,19	5,37	5,49	5,43	5,44	
		National brand	ml	1 420	11,47	11,39	10,69	10,45	10,99	9,67	
	Shortening	National brand	g	454	3,99	4,13	4,20	4,30	4,47	4,36	
		Orange Pekoe Tea	bag	36	4,17	4,73	4,35	4,44	4,52	4,38	
Coffee and tea	Instant coffee	National brand	bag	72	6,76	6,89	6,97	6,45	6,49	6,49	
		National brand	g	150	14,50	16,05	16,60	17,12	17,18	17,56	
	Ground coffee	National brand	g	200	8,97	11,71	11,92	13,29	13,13	11,72	
		Maxwell House	g	326	8,75	10,22	9,96	10,50	10,62	10,38	
		Nabob Coffee Co.	g	326	11,28	13,32	13,65	13,58	12,19	12,32	
Non-alcoholic beverages	Water	National brand	ml	500	1,75	1,75	1,56	1,52	2,62	1,65	
		National brand 12x355ml	ml	4 260	27,28	16,79	17,92	19,38	21,99	19,31	
	Soft drinks	Tang (a)	g	276	2,47	2,31	2,30	2,45	2,44	2,39	
Baby products	Diapers	Pampers - Baby Dry No. 1	unit	84	22,52	30,37	26,90	27,73	30,34	27,82	
		Pampers - Baby Dry No. 2	unit	72	27,30	30,55	27,92	28,05	32,86	29,53	
		Pampers - Baby Dry No. 3	unit	60	27,32	31,79	28,83	28,09	30,59	29,22	
		Pampers - Baby Dry No. 4	unit	52	25,96	32,42	26,90	28,10	31,64	28,71	
		Pampers - Baby Dry No. 5	unit	46	26,73	30,45	27,85	28,72	30,69	29,07	
		Pampers - Baby Dry No. 6	unit	40	25,18	30,75	27,72	27,41	29,25	28,94	
	Baby oil	Johnson's	ml	414	6,68	7,23	7,22	7,49	7,13	7,42	
		Compliments	ml	592	8,61	8,87	8,79	8,78	8,87	8,79	
		Palmolive - Original	ml	850	7,00	6,81	6,56	6,94	7,17	7,34	
		Sunlight - Lemon Fresh	ml	950	6,56	6,88	6,85	7,01	7,42	9,41	
Household products	Glass cleaner	Windex	ml	765	8,86	9,07	8,69	8,94	9,19	9,26	
		Disinfecting cleaner	g	400	2,28	3,21	2,72	2,70	1,99	2,23	
		Fabric softener	sheet	70	9,19	8,86	9,08	9,25	9,26	9,15	
	Bleach	Bounce	sheet	80	8,80	8,80	9,07	9,44	9,77	9,67	
		Downy	sheet	80	9,22	10,32	10,36	10,76	11,52	11,98	
		Clorox	ml	2 800	8,45	8,72	8,42	7,87	6,22	9,09	
	Powder detergent	Sunlight	g	2 270	17,49	18,69	17,76	18,57	18,59	18,12	
		Tide Ultra	g	1 500	23,29	22,82	21,06	19,17	18,32	18,39	
		Tide Ultra	g	3 100	47,19	47,19	35,84	40,19	41,49	40,46	
		Sunlight	ml	1 470	16,07	16,49	15,62	16,57	16,17	16,57	
		Tide	ml	1 470	18,43	16,72	18,17	16,91	15,30	17,73	
	Paper products	Facial tissues	Scotties - 3-ply	unit	94	3,20	3,03	3,09	3,26	3,24	3,32
			White Swan - 1-ply	unit	100	2,55	3,49	3,20	3,62	3,69	4,03
		Paper towel	Bounty - 44 sheets per roll	roll	2	6,82	5,66	5,99	6,02	5,78	6,06
			Cashmere - Double Roll	roll	6	12,79	12,79	13,02	13,79	12,67	14,67
Bathroom tissue		Alcan	foot	25	4,05	4,32	4,67	4,38	4,57	4,57	
Garbage bags		Glad - Easy-Tie	bag	10	6,30	6,52	6,42	6,69	7,02	6,88	
		Glad - Kitchen Catchers	bag	24	6,12	6,02	6,08	6,03	6,90	6,77	
Hygiene products	Bar soap	Dove 2 X 120g	g	240	7,05	6,68	7,13	7,29	6,97	7,76	
		Ivory 3 X 90g	g	270	4,01	3,26	3,29	3,46	3,59	3,55	
	Tampons	Tampax Tampons (Regular)	unit	20	9,49	7,98	7,52	7,56	8,06	7,75	
		Tampax Tampons (Regular)	unit	40	15,79	15,72	15,69	15,79	15,92	16,39	
	Sanitary napkins	Always - Maxi Pads (Regular)	unit	18	8,05	8,25	8,00	8,07	8,32	8,32	
		Always - Maxi Pads (Regular)	unit	24	7,99	7,99	7,66	7,94	8,26	8,30	
		Always - Ultra Thin (Regular)	unit	18	8,30	8,30	8,10	8,04	8,41	8,59	
		Always - Ultra Thin (Regular)	unit	22	7,54	7,54	7,43	7,48	7,86	7,82	
	Toothpaste	National brand	ml	130	4,53	4,06	3,83	4,11	3,81	4,49	
		Lady Speed Stick	g	45	6,77	6,77	6,77	6,20	6,17	6,47	
Deodorant	Q-Tips	box	400	7,35	7,35	7,35	7,38	7,37	7,40		
	Dove	ml	355	10,23	10,23	10,23	10,40	10,66	10,53		
Shampoo	Finesse	ml	300	6,44	6,44	6,44	6,66	6,56	6,02		

**Table A-4  
(Continued)**

Notes:

- a) all varieties
- b) all brands

**Table A-5**  
**Average price of products selected for analysis by category, sub-category and item, Québec City, 2011-2013, N= 163**  
(\$)

Category	Sub-category	Item	Unit	Quantity	Québec City						
					2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	
\$											
Fresh meat	Chicken	Boneless chicken breasts	g	1 000	16,51	16,51	16,73	16,73	16,73	7,69	
		Chicken drumsticks	g	1 000	6,59	6,59	6,81	7,25	6,59	7,03	
	Beef	Chicken legs with back	g	1 000	4,39	4,39	4,83	4,39	4,39	4,39	
		Ground beef	g	1 000	9,90	9,90	8,80	8,58	9,24	9,90	
		T-bone steak	g	1 000	28,64	28,64	19,82	13,21	22,02	27,54	
Preparations	Pork	Pork chops	g	1 000	12,10	12,10	4,39	8,58	10,78	8,80	
	Sausages	National brand	g	450	3,59	3,59	3,49	1,79	3,19	3,49	
	Canned stew	Irish stew	g	410	1,79	1,79	2,19	1,79	1,79	3,19	
	Canned meat	Maple Leaf - KAM	g	340	3,39	3,39	3,49	2,99	3,49	3,49	
	Sardines	Brunswick	g	106	0,99	0,99	0,99	1,19	1,19	1,19	
Frozen meat	Chicken	National brand	g	170	2,49	2,49	1,29	1,25	1,59	1,59	
		Boneless chicken breasts	g	1 000	16,51	16,51	16,73	16,73	16,73	7,69	
	Beef	Chicken drumsticks	g	1 000	6,59	6,59	6,81	7,25	6,59	7,03	
		Chicken legs with back	g	1 000	4,39	4,39	4,83	4,39	4,39	4,39	
		Ground beef	g	1 000	9,90	9,90	8,80	8,58	9,24	9,90	
Frozen fish	Pork	T-bone steak	g	1 000	28,64	28,64	19,82	13,21	22,02	27,54	
		Pork chops	g	1 000	12,10	12,10	4,39	8,58	10,78	8,80	
	Fish sticks	National brand	g	700	13,18	11,98	6,59	3,99	6,59	6,59	
		Frozen meals	Pizza	g	927	8,99	8,99	6,99	5,99	8,99	6,99
	Milk and yogurt	2% milk	Kraft - Delissio Deluxe	g	400	3,49	4,49	3,49	3,49	3,49	3,49
McCain - Pizza Pockets			g	400	3,49	4,49	3,49	3,49	3,49	3,49	
3.25% milk		National brand	ml	1 000	1,69	1,69	1,73	1,73	1,73	1,76	
		National brand	ml	2 000	3,33	3,33	3,42	3,42	3,42	3,47	
		National brand	ml	1 000	1,75	1,75	1,80	1,80	1,80	1,82	
Cream and cheese	UHT 2% milk	National brand	ml	2 000	3,46	3,46	3,55	3,55	3,55	3,60	
		Grand Pré	ml	1 000	3,09	3,09	3,09	3,19	3,19	3,19	
	Frozen dairy products	Breyers ice cream (a)	ml	1 660	6,79	6,79	3,00	6,79	6,79	6,79	
		Processed cheese slices	g	250	4,49	4,49	3,99	3,99	4,59	4,59	
		National brand	g	500	6,49	6,49	5,00	3,99	5,69	6,69	
Butter and margarine	Butter	House brand	g	500	2,99	2,99	3,99	3,99	4,99	4,99	
		National brand	g	454	5,39	5,39	5,39	4,99	5,49	5,59	
	Margarine	House brand	g	454	2,99	2,99	4,69	4,79	4,79	4,89	
		National brand	g	454	2,39	2,39	2,99	2,99	2,99	3,99	
		House brand	g	454	1,59	1,59	1,50	1,50	1,99	1,99	
Eggs	Whites	Large	unit	12	2,99	2,98	2,49	2,99	3,29	3,29	
	Fresh fruits	Bananas	(b)	g	1 000	1,60	1,96	1,96	1,52	1,96	1,96
Apples		(a)	lb	3	3,78	4,49	3,49	3,99	4,49	4,49	
		Green (a)	g	1 000	5,93	5,93	4,39	11,00	9,46	3,28	
Fresh vegetables		Oranges	Red (a)	g	1 000	4,39	4,39	4,39	3,28	7,25	3,28
			(b)	lb	3	5,97	2,47	5,99	4,99	4,99	3,74
	Yellow onions	(b)	lb	2	2,29	2,29	1,59	1,39	1,69	1,99	
		(b)	lb	5	3,99	3,99	3,59	3,29	3,29	3,49	
	Potatoes	White (b)	lb	5	3,99	3,99	3,59	3,49	2,99	3,99	
White (b)		lb	10	4,49	4,49	4,99	3,99	4,49	4,99		
Frozen fruits and vegetables	Lettuce	Iceberg	unit	1	2,49	2,49	1,99	0,99	2,29	1,69	
		Carrots	(b)	lb	2	3,29	3,29	1,59	1,89	1,59	2,29
	Celery	Mini carrots (b)	g	340	1,99	1,99	1,79	1,89	1,69	1,69	
		Head (b)	unit	1	2,59	2,59	2,39	2,29	2,39	1,99	
		French fries	National brand	g	1 000	2,69	2,49	2,79	1,99	2,99	2,99
Dried fruit and vegetables	Fruit	Arctic Garden (a)	g	300	2,49	2,49	2,49	2,49	2,99	2,99	
		Moov (a)	g	600	5,99	5,99	5,99	5,99	5,99	5,99	
	Green peas	National brand	g	750	3,00	3,00	3,00	3,29	3,29	3,49	
		Corn	National brand	g	750	3,00	3,00	3,00	2,99	3,49	3,49
		Mixed vegetables	National brand	g	750	3,00	3,00	3,00	2,99	3,49	3,49
Fruit juice	Raisins	House brand	g	375	2,99	2,99	2,99	2,99	2,99	2,99	
		National brand	g	500	3,99	3,99	3,99	4,19	4,19	4,19	
	Juice	Oasis (a)	ml	960	1,69	1,69	0,99	1,25	1,59	1,59	
		Tetra Pack	National brand 10X200ml	ml	2 000	4,30	4,30	4,19	4,19	3,49	4,19
		Tetra Pack	House brand 10X200ml	ml	2 000	2,99	2,99	2,99	2,50	2,99	2,99
Canned fruits	Peaches	Del Monte - Halves or slices	ml	796	3,19	3,19	2,99	2,69	3,19	3,19	
		National brand	ml	398	1,59	1,59	1,49	1,49	1,49	1,49	
	Canned vegetables	House brand	ml	398	0,99	0,99	0,99	0,99	0,99	0,79	
		"Canada Choice" corn	National brand	ml	341	1,59	1,59	1,49	1,49	1,49	1,49
		House brand	ml	341	1,09	0,82	0,99	0,99	0,99	0,99	
Bakery products	White bread	National brand	g	675	3,09	3,09	3,29	3,29	3,29	3,39	
		Wholewheat bread	g	675	3,39	3,59	3,29	3,29	3,29	3,39	
	Cookies	Christie - Chips Ahoy!	g	350	3,99	3,99	3,00	3,99	3,99	4,66	
		Christie - Pirate	g	350	3,99	3,99	3,00	3,99	3,99	4,66	
		Christie - Premium Plus Crackers	g	225	3,49	3,49	2,79	2,79	2,79	2,79	
	Crackers	Christie - Premium Plus Crackers	g	450	3,99	3,99	3,00	2,75	3,49	3,49	
		Christie - Ritz Crackers	g	225	3,04	2,75	2,75	3,29	3,29	3,29	
		Christie - Ritz Crackers	g	400	4,79	4,79	4,79	3,99	4,79	4,79	
	Preparations	Christie - Premium Plus Crackers	g	510	1,99	1,99	1,99	2,35	2,20	2,35	
		Quaker - Muffin Mix (a)	g	900	4,19	4,19	4,19	4,19	4,19	4,19	
		Baking powder	Magic	g	225	3,49	3,49	3,49	3,49	3,49	3,49
	Cereal products	Instant rice	Magic	g	450	5,54	5,49	5,49	5,49	5,49	5,49
			All-purpose white flour	Kraft - Minute Rice	g	700	4,39	4,39	3,99	3,69	3,99
		Cereals	National brand	g	1 000	3,39	2,99	2,99	2,99	2,99	2,99
			National brand	g	2 500	5,99	5,99	6,29	6,29	6,29	6,29
National brand			g	5 000	9,49	9,49	9,99	9,99	9,99	9,99	
Cereals	National brand	g	10 000	15,74	17,99	17,99	17,99	17,99	17,99		
	General Mills - Cheerios	g	400	4,49	8,14	8,14	5,29	5,29	5,29		

**Table A-5  
(Continued)**

Category	Sub-category	Item	Unit	Quantity	Québec City					
					2011-04	2011-10	2012-01	2012-04	2012-10	2013-04
\$										
Pasta	Macaroni	Kellogg's - Special K	g	475	5,99	5,99	4,49	5,49	5,49	6,44
		Post - Honey Comb	g	400	4,99	4,99	5,49	5,49	5,49	5,49
		Catelli	g	500	1,79	1,39	0,99	1,50	1,50	2,19
	Spaghetti	Catelli	g	900	2,59	2,59	3,29	2,49	3,29	3,29
		Catelli	g	500	1,79	1,79	0,99	1,50	1,50	2,19
Soup	Macaroni and cheese	Catelli	g	900	2,59	2,59	3,29	2,49	3,29	3,29
		Kraft - Kraft Dinner "Original"	g	225	1,59	1,59	1,59	1,69	1,69	1,79
	Soup mix	Lipton - Beef Vegetable	g	94	1,69	1,69	1,50	1,59	1,89	1,99
		Lipton - Chicken Noodle	g	228	2,99	2,99	2,00	1,50	3,19	3,19
		Campbell's	ml	284	1,19	1,19	0,80	1,49	1,29	1,29
Sugar	Natural granulated sugar	National brand	g	2 000	3,09	3,39	3,39	3,39	3,39	3,39
		House brand	g	280	3,29	3,29	2,99	3,29	3,29	3,29
Sweet spreads	Strawberry jam	National brand	ml	500	3,29	3,29	2,89	3,99	3,19	3,29
		House brand	ml	500	3,99	3,99	3,19	4,29	3,69	3,69
Other preparations	Peanut butter	National brand	ml	500	3,89	3,89	3,49	4,99	4,49	3,99
		House brand	ml	500	2,39	2,39	3,29	3,99	3,99	3,49
		National brand	ml	1 000	4,69	4,69	5,29	2,99	7,99	6,99
	Coffee whitener	House brand	ml	1 000	4,69	4,99	4,99	6,99	6,99	6,99
		Nestlé Carnation - Coffee Mate	g	450	4,19	4,19	3,49	3,49	4,19	4,19
Condiments, spices and vinegar	Microwavable popcorn	Orville Redenbacher's 3 X 99	g	297	2,99	2,99	3,19	2,99	3,19	3,85
		Tomato ketchup	ml	375	2,54	2,59	2,59	2,59	2,69	2,59
	Mustard	Heinz - Plastic bottle	ml	750	4,19	4,19	4,59	4,59	4,59	4,59
		Heinz - Plastic bottle	ml	1 000	4,09	4,59	4,59	4,59	4,59	4,59
		House brand	ml	375	1,79	1,89	1,89	1,89	1,79	1,79
Mayonnaise	House brand	ml	1 000	2,69	2,89	2,89	1,50	2,79	2,79	
	Kraft - Miracle Whip	ml	475	3,39	3,39	2,50	3,39	3,39	3,39	
Seasonings	Salt	French's	g	400	2,39	2,39	2,79	2,79	2,79	2,79
		National brand	g	1 000	1,29	1,29	1,29	1,29	1,29	1,29
Fats and oils	Vegetable oil	House brand	ml	946	4,99	5,29	5,29	4,99	4,99	4,99
		National brand	ml	946	3,29	3,29	3,49	3,29	3,29	3,49
		National brand	ml	1 420	6,79	6,79	5,99	6,49	6,49	6,79
	Shortening	House brand	g	454	2,79	2,79	2,74	2,89	2,89	2,89
		National brand	bag	36	2,89	2,89	2,89	2,89	2,89	2,89
Coffee and tea	Instant coffee	National brand	g	72	4,89	4,89	4,89	4,89	4,89	4,89
		National brand	g	150	6,49	2,99	2,99	9,99	7,49	7,49
	Ground coffee	National brand	g	200	6,49	6,49	2,99	2,99	7,49	7,59
		Maxwell House	g	326	6,69	6,69	5,99	6,49	6,49	6,49
		Nabob Coffee Co.	g	326	8,39	8,39	7,49	6,99	6,99	6,92
Non-alcoholic beverages	Water	National brand	ml	500	1,19	1,19	1,19	1,19	0,49	1,43
		Soft drinks	ml	4 260	5,89	5,89	5,89	5,99	5,99	4,59
	Flavour crystals	g	276	1,09	1,09	1,09	1,09	1,09	1,09	
Baby products	Diapers	Pampers - Baby Dry No. 1	unit	84	18,99	21,99	21,99	17,99	21,99	21,99
		Pampers - Baby Dry No. 2	unit	72	18,99	21,99	21,99	17,99	21,99	21,99
		Pampers - Baby Dry No. 3	unit	60	18,99	21,99	21,99	17,99	21,99	21,99
		Pampers - Baby Dry No. 4	unit	52	18,99	21,99	21,99	17,99	21,99	21,99
		Pampers - Baby Dry No. 5	unit	46	18,99	21,99	21,99	17,99	21,99	21,99
		Pampers - Baby Dry No. 6	unit	40	18,99	21,99	21,99	17,99	21,99	21,99
	Baby oil	Johnson's	ml	414	4,29	4,29	4,29	4,29	4,29	4,29
		Compliments	ml	592	3,99	3,99	3,99	3,99	3,99	3,99
		Palmolive - Original	ml	850	3,19	3,19	2,99	3,49	3,49	3,54
		Sunlight - Lemon Fresh	ml	950	3,29	3,29	3,29	3,59	3,59	3,59
Household products	Glass cleaner	Windex	ml	765	4,29	4,29	4,39	4,39	4,49	4,49
		Disinfecting cleaner	g	400	0,99	0,99	0,79	0,99	0,99	0,99
		Fabric softener	sheet	70	6,29	6,29	6,29	6,29	6,29	6,29
	Bleach	Bounce	sheet	80	5,99	5,99	5,99	5,99	5,99	5,99
		Downy	sheet	80	6,59	6,59	6,59	6,59	7,39	7,39
		Clorox	ml	2 800	2,69	2,69	2,79	2,79	2,79	4,13
	Powder detergent	Sunlight	g	2 270	7,99	7,99	7,99	6,99	6,99	6,99
		Tide Ultra	g	1 500	8,99	8,99	8,99	8,99	8,99	8,43
		Tide Ultra	g	3 100	16,99	16,99	16,99	16,99	16,99	16,46
	Liquid detergent	Sunlight	ml	1 470	7,99	7,99	7,99	6,99	7,99	7,99
		Tide	ml	1 470	9,99	9,99	8,99	8,99	8,99	8,99
	Paper products	Facial tissues	unit	94	1,49	1,59	1,59	1,59	1,59	1,59
		Napkins	unit	100	1,64	1,65	1,65	1,50	1,50	1,75
		Paper towel	roll	2	3,59	3,59	2,99	3,33	3,33	4,99
		Bathroom tissue	roll	6	6,99	6,99	6,99	6,99	6,99	6,99
Aluminium foil		foot	25	2,29	2,29	2,49	2,49	2,49	2,49	
Garbage bags		bag	10	3,79	3,79	3,99	3,69	3,99	3,99	
Glad - Kitchen Catchers		bag	24	3,99	4,79	3,99	3,69	3,99	3,99	
Hygiene products	Bar soap	Dove 2 X 120g	g	240	4,19	4,19	4,19	4,19	4,19	4,45
		Ivory 3 X 90g	g	270	1,79	1,79	1,99	1,99	1,99	1,99
	Tampons	Tampax Tampons (Regular)	unit	20	4,39	4,39	3,99	4,29	4,29	4,29
		Tampax Tampons (Regular)	unit	40	8,19	8,19	8,19	8,19	8,19	8,19
	Sanitary napkins	Always - Maxi Pads (Regular)	unit	18	4,39	4,29	4,29	4,29	4,29	4,29
		Always - Maxi Pads (Regular)	unit	24	4,39	4,39	3,99	4,29	4,29	4,29
		Always - Ultra Thin (Regular)	unit	18	3,99	3,99	3,99	4,29	4,29	4,29
		Always - Ultra Thin (Regular)	unit	22	3,99	3,99	3,99	4,29	4,29	4,29
	Toothpaste	National brand	ml	130	2,29	2,29	2,29	2,79	2,29	3,09
	Deodorant	Lady Speed Stick	g	45	3,69	3,69	3,69	3,69	2,99	3,69
	Cotton swab	Q-Tips	box	400	4,19	4,19	4,19	4,19	4,19	4,19
	Shampoo	Dove	ml	355	5,99	5,99	5,99	5,99	5,99	5,99
Finesse		ml	300	2,79	2,79	2,79	2,79	3,49	3,49	

**Table A-5  
(Continued)**

Notes:

- a) all varieties
- b) all brands

**Tableau A-6****Observed availability of food products, household products and personal care products, all categories, Québec City and Nunavik, 2011-2013, N=163**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Food products n=122								
Québec City	80	72	94	95	90	99	88	20
Nunavik	60	70	75	73	70	75	70	16
Difference per period	-20	-2	-19	-22	-21	-24	-18	-4
Household products n=20								
Québec City	80	50	95	95	100	100	87	20
Nunavik	55	57	71	64	64	72	64	17
Difference per period	-25	7	-24	-31	-36	-28	-23	-3
Personal care products n=21								
Québec City	67	57	90	100	86	100	83	33
Nunavik	40	49	66	67	66	71	60	31
Difference per period	-27	-8	-25	-33	-20	-29	-24	-2

**Table A-6.1**  
**Observed availability of food products, all categories, Québec City and Nunavik, 2011-2013, N=122**  
 (%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	80	72	94	95	90	99	88	20
Nunavik	60	70	75	73	70	75	70	16
Difference per period	-20	-2	-19	-22	-21	-24	-18	-4



**Table A-6.1.1****Observed availability of perishable food products, Québec City and Nunavik, 2011-2013, n=58**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	67	72	90	90	90	98	84	31
Nunavik	49	59	67	65	65	70	62	21
Difference per period	-18	-13	-23	-25	-25	-29	-22	-10

**Table A-6.1.1.1****Observed availability of fresh perishable food products, Québec City and Nunavik, 2011-2013, n=42**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	88	90	100	100	100	100	96	12
Nunavik	54	59	71	69	65	69	65	15
Difference per period	-34	-31	-29	-31	-35	-31	-32	3

**Table A-6.1.1.1a****Observed availability of fresh perishable food products, meat and alternatives, Québec City and Nunavik, 2011-2013, n=11**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	91	91	100	100	100	100	97	9
Nunavik	43	47	52	49	44	51	48	7
Difference per period	-47	-43	-48	-51	-56	-49	-49	-2

**Table A-6.1.1.1b****Observed availability of fresh perishable food products, dairy products, Québec City and Nunavik, 2011-2013, n=12**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	83	92	100	100	100	100	96	17
Nunavik	69	70	81	76	82	80	76	11
Difference per period	-15	-21	-19	-24	-18	-20	-19	-6

**Table A-6.1.1.1c****Observed availability of fresh perishable food products, fruits and vegetables, Québec City and Nunavik, 2011-2013, n=16**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	94	94	100	100	100	100	98	6
Nunavik	54	58	75	76	67	74	67	19
Difference per period	-40	-36	-25	-24	-33	-26	-31	13

**Table A-6.1.1.1d****Observed availability of fresh perishable food products, other sub-categories, Québec City and Nunavik, 2011-2013, n=3**(*%*)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	67	67	100	100	100	100	89	33
Nunavik	33	63	85	78	63	74	66	41
Difference per period	-33	-4	-15	-22	-37	-26	-23	7

**Table A-6.1.1.2****Observed availability of frozen perishable food products, Québec City and Nunavik, 2011-2013, n=16**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	25	25	63	63	63	63	50	38
Nunavik	29	54	56	53	58	63	52	34
Difference per period	4	29	-7	-10	-5	1	2	-3

**Table A-6.1.1.2a****Observed availability of frozen perishable food products, meat and alternatives, Québec City and Nunavik, 2011-2013, n=7**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	14	14	14	14	14	14	14	0
Nunavik	40	48	54	52	54	63	52	24
Difference per period	25	33	40	38	40	49	38	24

**Table A-6.1.1.2b****Observed availability of frozen perishable food products, dairy products, Québec City and Nunavik, 2011-2013, n=1**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	0	0	100	100	100	100	67	100
Nunavik	0	89	44	33	56	44	44	44
Difference per period	0	89	-56	-67	-44	-56	-22	-56

**Table A-6.1.1.2c****Observed availability of frozen perishable food products, fruits and vegetables, Québec City and Nunavik, 2011-2013, n=6**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	17	17	100	100	100	100	72	83
Nunavik	11	52	52	48	54	65	47	54
Difference per period	-6	35	-48	-52	-46	-35	-25	-30

**Table A-6.1.1.2d****Observed availability of frozen perishable food products, other sub-categories, Québec City and Nunavik, 2011-2013, n=2**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	100	100	100	100	100	100	0
Nunavik	61	67	78	78	83	67	72	6
Difference per period	-39	-33	-22	-22	-17	-33	-28	6

**Table A-6.1.2**  
**Observed availability of non-perishable food products, Québec City and Nunavik, 2011-2013, n=64**  
 (%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	91	72	98	100	91	100	92	9
Nunavik	69	81	82	80	74	80	78	11
Difference per period	-21	9	-16	-20	-17	-20	-14	2

**Table A-6.2****Observed availability of food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=56**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	68	68	89	89	89	98	84	30
Nunavik	45	55	67	64	62	66	60	21
Difference per period	-22	-13	-23	-25	-27	-32	-24	-9

**Table A-6.2.1****Observed availability of perishable food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=48**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	69	71	88	88	88	98	83	29
Nunavik	44	53	65	63	60	66	59	22
Difference per period	-25	-18	-22	-24	-27	-32	-25	-7

**Table A-6.2.1.1****Observed availability of fresh perishable food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=36**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	75	78	83	83	83	97	83	22
Nunavik	48	51	67	64	59	65	59	18
Difference per period	-27	-27	-16	-20	-24	-32	-24	-5

**Table A-6.2.1.1a****Observed availability of fresh perishable food products, meat and alternatives, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=11**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	91	91	100	100	100	100	97	9
Nunavik	43	47	52	49	44	51	48	7
Difference per period	-47	-43	-48	-51	-56	-49	-49	-2

**Table A-6.2.1.1b****Observed availability of fresh perishable food products, dairy products, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=8**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	75	88	100	100	100	100	94	25
Nunavik	63	64	83	78	82	79	75	17
Difference per period	-13	-24	-17	-22	-18	-21	-19	-8

**Table A-6.2.1.1c****Observed availability of fresh perishable food products, fruits and vegetables, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=15**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	93	93	100	100	100	100	98	7
Nunavik	51	55	73	74	64	72	65	21
Difference per period	-42	-39	-27	-26	-36	-28	-33	14

**Table A-6.2.1.1d****Observed availability of fresh perishable food products, other sub-categories, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=2**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	100	100	100	100	100	100	0
Nunavik	50	61	94	94	83	67	75	17
Difference per period	-50	-39	-6	-6	-17	-33	-25	17

**Table A-6.2.1.2****Observed availability of frozen perishable food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=12**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	50	50	100	100	100	100	83	50
Nunavik	21	46	50	48	52	63	47	42
Difference per period	-29	-4	-50	-52	-48	-37	-37	-8

**Table A-6.2.1.2a****Observed availability of frozen perishable food products, meat and alternatives, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=6**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	0	0	0	0	0	0	0	0
Nunavik	31	41	48	48	50	61	47	30
Difference per period	31	41	48	48	50	61	47	30

**Table A-6.2.1.2b****Observed availability of frozen perishable food products, fruits and vegetables, subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=6**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	17	17	100	100	100	100	72	83
Nunavik	11	52	52	48	54	65	47	54
Difference per period	-6	35	-48	-52	-46	-35	-25	-30

**Table A-6.2.2****Observed availability of non-perishable food products subsidized by NNC at level 1, Québec City and Nunavik, 2011-2013, n=8**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	63	50	100	100	100	100	85	38
Nunavik	56	69	76	71	74	71	69	15
Difference per period	-7	19	-24	-29	-26	-29	-16	-22





**Table A-6.3.1.2****Observed availability of frozen perishable food products subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=3**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	100	100	100	67	100	94	0
Nunavik	56	78	70	67	74	78	70	22
Difference per period	-44	-22	-30	-33	7	-22	-24	22

**Table A-6.3.1.2a****Observed availability of frozen perishable food products, dairy products, subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=1**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	0	0	100	100	100	100	67	100
Nunavik	0	89	44	33	56	44	44	44
Difference per period	0	89	-56	-67	-44	-56	-22	-56

**Table A-6.3.1.2b****Observed availability of frozen perishable food products, other sub-categories, subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=2**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	100	100	100	100	100	100	0
Nunavik	61	67	78	78	83	67	72	6
Difference per period	-39	-33	-22	-22	-17	-33	-28	6

**Table A-6.3.2****Observed availability of non-perishable food products subsidized by NNC at level 2, Québec City and Nunavik, 2011-2013, n=9**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	67	100	100	89	100	93	0
Nunavik	63	79	75	74	78	85	76	22
Difference per period	-37	12	-25	-26	-11	-15	-17	22

**Table A-6.4**  
**Observed availability of food products not subsidized by NNC, Québec City and Nunavik, 2011-2013, n=49**  
 (%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	88	76	98	100	90	100	92	12
Nunavik	74	85	85	82	74	83	80	10
Difference per period	-14	9	-13	-18	-15	-17	-11	-2

**Table A-6.4.1**  
**Observed availability of perishable food products not subsidized by NNC, Québec City and Nunavik, 2011-2013, n=2**  
 (%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	50	50	100	100	100	100	83	50
Nunavik	44	78	78	61	50	83	66	39
Difference per period	-6	28	-22	-39	-50	-17	-18	-11

**Table A-6.4.2**  
**Observed availability of non-perishable food products not subsidized by NNC, Québec City and Nunavik, 2011-2013, n=47**  
 (%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	89	77	98	100	89	100	92	11
Nunavik	75	85	85	83	75	83	81	9
Difference per period	-14	8	-13	-17	-14	-17	-11	-2

**Table A-6.5****Observed availability of products subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=25**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	96	76	100	100	92	100	94	4
Nunavik	75	76	81	78	77	84	79	8
Difference per period	-21	0	-19	-22	-15	-16	-15	4

**Table A-6.5.1****Observed availability of food products subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=24**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	96	75	100	100	92	100	94	4
Nunavik	75	78	82	79	78	83	79	9
Difference per period	-21	3	-18	-21	-14	-17	-15	5

**Table A-6.5.2****Observed availability of household products subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=1**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	100	100	100	100	100	100	0
Nunavik	89	44	44	56	56	89	63	0
Difference per period	-11	-56	-56	-44	-44	-11	-37	0

**Table A-6.6****Observed availability of products subsidized by the KRG and Makivik Corporation Food Program alone, Québec City and Nunavik, 2011-2013, n=10**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	80	100	100	80	100	93	0
Nunavik	89	83	83	84	81	88	85	-1
Difference per period	-11	3	-17	-16	1	-12	-9	-1

**Table A-6.6.1****Observed availability of food products subsidized by the KRG and Makivik Corporation Food Program alone, Québec City and Nunavik, 2011-2013, n=9**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	78	100	100	78	100	93	0
Nunavik	89	88	88	88	84	88	87	-1
Difference per period	-11	10	-12	-12	6	-12	-5	-1

**Table A-6.6.2****Observed availability of household products subsidized by the KRG and Makivik Corporation Food Program alone, Québec City and Nunavik, 2011-2013, n=1**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	100	100	100	100	100	100	0
Nunavik	89	44	44	56	56	89	63	0
Difference per period	-11	-56	-56	-44	-44	-11	-37	0

**Table A-6.7****Observed availability of products subsidized by the KRG and Makivik Corporation Food Program and by the NNC program at levels 1 and 2, Québec City and Nunavik, 2011-2013, n=15***(%)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	93	73	100	100	100	100	94	7
Nunavik	66	72	79	74	74	81	74	15
Difference per period	-27	-1	-21	-26	-26	-19	-20	8

**Table A-6.7.1****Observed availability of food products subsidized by the KRG and Makivik Corporation Food Program and by the NNC program at levels 1 and 2, Québec City and Nunavik 2011-2013, n=15***(%)*

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	93	73	100	100	100	100	94	7
Nunavik	66	72	79	74	74	81	74	15
Difference per period	-27	-1	-21	-26	-26	-19	-20	8

**Table A-6.8****Observed availability of products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=138**

(%)

Date de cueillette	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	75	66	93	95	91	99	86	25
Nunavik	53	64	72	69	67	73	66	19
Écart par période	-22	-2	-21	-25	-24	-27	-20	-5

**Table A-6.8.1****Observed availability of food products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=98**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	78	73	95	96	92	101	89	23
Nunavik	58	70	75	73	69	75	70	17
Difference per period	-20	-3	-20	-23	-23	-26	-19	-6

**Table A-6.8.2****Observed availability of household products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=19**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	79	74	95	100	89	100	89	21
Nunavik	54	53	69	60	62	71	62	18
Difference per period	-25	-20	-26	-40	-27	-29	-28	-4

**Table A-6.8.3****Observed availability of personal care products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=21**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	67	33	90	95	95	100	80	33
Nunavik	39	52	69	70	68	70	62	31
Difference per period	-28	19	-22	-25	-27	-30	-19	-2

**Table A-6.9****Observed availability of household products, all categories, Québec City and Nunavik, 2011-2013, n=20**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	80	50	95	95	100	100	87	20
Nunavik	55	57	71	64	64	72	64	17
Difference per period	-25	7	-24	-31	-36	-28	-23	-3

**Table A-6.9.1****Observed availability of household products, cleaning products, Québec City and Nunavik, 2011-2013, n=13**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	85	38	92	92	100	100	85	15
Nunavik	64	64	74	70	67	74	69	9
Difference per period	-21	26	-18	-22	-33	-26	-16	-6

**Table A-6.9.2****Observed availability of household products, paper products, Québec City and Nunavik, 2011-2013, n=7**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	71	71	100	100	100	100	90	29
Nunavik	38	43	65	52	59	68	54	30
Difference per period	-33	-29	-35	-48	-41	-32	-36	2

**Table A-6.9.3****Observed availability of household products subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=1**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	100	100	100	100	100	100	100	0
Nunavik	89	44	44	56	56	89	63	0
Difference per period	-11	-56	-56	-44	-44	-11	-37	0

**Table A-6.9.4****Observed availability of household products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=19**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	79	74	95	100	89	100	89	21
Nunavik	54	53	69	60	62	71	62	18
Difference per period	-25	-20	-26	-40	-27	-29	-28	-4

**Table A-6.10****Observed availability of personal care products, all categories, Québec City and Nunavik, 2011-2013, n=21**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	67	57	90	100	86	100	83	33
Nunavik	40	49	66	67	66	71	60	31
Difference per period	-27	-8	-25	-33	-20	-29	-24	-2

**Table A-6.10.1****Observed availability of personal care products, baby products, Québec City and Nunavik, 2011-2013, n=8**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	88	75	88	100	75	100	88	13
Nunavik	57	50	60	60	64	75	61	18
Difference per period	-31	-25	-28	-40	-11	-25	-27	6

**Table A-6.10.2****Observed availability of personal care products, personal hygiene products, Québec City and Nunavik, 2011-2013, n=13**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	54	46	92	100	92	100	81	46
Nunavik	29	48	69	71	68	68	59	39
Difference per period	-25	2	-23	-29	-25	-32	-22	-7

**Table A-6.10.3****Observed availability of personal care products not subsidized by the KRG and Makivik Corporation Food Program, Québec City and Nunavik, 2011-2013, n=21**

(%)

Collection date	2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	Average	Difference (beginning-end)
Québec City	67	33	90	95	95	100	80	33
Nunavik	39	52	69	70	68	70	62	31
Difference per period	-28	19	-22	-25	-27	-30	-19	-2



**Table A-7**  
**Observed availability of products selected for analysis, Nunavik, 2011-2013 N= 163**  
 (%)

Category	Sub-category	Item	Unit	Quantity	Nunavik					
					2011-04	2011-10	2012-01	2012-04	2012-10	2013-04
					%					
Fresh meat	Chicken	Boneless chicken breasts	g	1 000	22	11	22	22	11	33
		Chicken drumsticks	g	1 000	33	11	33	22	11	33
		Chicken legs with back	g	1 000	33	33	33	33	22	33
	Beef	Ground beef	g	1 000	33	33	22	33	33	33
		T-bone steak	g	1 000	11	22	33	33	33	33
Preparations	Pork	Pork chops	g	1 000	22	22	33	22	33	33
	Sausages	National brand	g	450	89	89	78	100	89	100
	Canned stew	Irish stew	g	410	100	100	100	100	100	100
	Canned meat	Maple Leaf - KAM	g	340	56	67	67	56	67	100
	Sardines	Brunswick	g	106	100	100	100	100	100	100
	Tuna	National brand	g	170	89	100	100	100	100	100
	Frozen meat	Chicken	Boneless chicken breasts	g	1 000	0	0	0	0	0
Chicken drumsticks			g	1 000	44	33	67	56	67	56
Chicken legs with back			g	1 000	44	67	67	56	78	67
Beef		Ground beef	g	1 000	33	44	44	67	44	67
		T-bone steak	g	1 000	33	67	44	44	67	44
Pork		Pork chops	g	1 000	33	33	67	67	44	78
Frozen fish		Fish sticks	National brand	g	700	89	89	89	78	78
Frozen meals	Pizza	Kraft - Delissio Deluxe	g	927	67	67	89	89	89	56
		McCain - Pizza Pockets	g	400	56	67	67	67	78	78
Milk and yogurt	2% milk	National brand	l	1 000	67	78	89	67	78	89
		National brand	ml	2 000	44	22	67	56	67	78
	3.25% milk	National brand	ml	1 000	67	56	89	89	78	67
		National brand	ml	2 000	78	67	89	78	78	44
	UHT 2% milk	Grand Pré	ml	1 000	78	100	89	89	78	100
Cream and cheese	Frozen dairy products	Breyers ice cream (a)	ml	1 660	0	89	44	33	56	44
	Processed cheese slices	National brand	g	250	78	89	100	78	100	100
		National brand	g	500	89	67	78	100	100	78
Butter and margarine	Butter	House brand	g	500	0	33	67	67	78	78
		National brand	g	454	89	89	78	78	89	78
	Margarine	National brand	g	454	100	67	67	67	78	67
Eggs	Whites	National brand	g	454	100	100	100	78	89	100
		House brand	g	454	33	78	67	67	78	78
Fresh fruits	Bananas	Large	unit	12	89	89	100	89	89	100
		(b)	g	1 000	33	44	67	89	67	56
	Apples	(a)	lb	3	78	78	100	100	78	100
		Green (a)	g	1 000	33	44	100	100	44	44
		Red (a)	g	1 000	33	33	78	67	0	78
Fresh vegetables	Oranges	(b)	lb	3	33	78	89	67	56	89
		(b)	lb	2	67	67	89	67	89	100
	Yellow onions	(b)	lb	5	22	33	56	67	56	44
		(b)	lb	5	78	56	67	89	89	78
	Potatoes	White (b)	lb	10	44	56	67	56	67	89
		White (b)	lb	10	44	56	67	56	67	89
	Lettuce	Iceberg	unit	1	78	56	89	100	56	78
	Carrots	(b)	lb	2	78	67	89	89	78	67
		Mini carrots (b)	g	340	56	67	89	78	100	44
	Celery	Head (b)	unit	1	78	33	56	44	44	56
Frozen fruits and vegetables	French fries	National brand	g	1 000	67	78	89	78	89	100
		House brand	g	300	0	56	56	33	33	22
	Fruit	Arctic Garden (a)	g	600	0	33	11	11	33	78
		Moov (a)	g	750	0	44	22	33	56	44
	Green peas	National brand	g	750	0	44	33	33	44	56
	Corn	National brand	g	750	0	44	33	33	44	56
	Mixed vegetables	National brand	g	750	0	56	100	100	67	89
Dried fruits and vegetables	Raisins	House brand	g	375	0	56	44	33	44	56
		National brand	g	500	0	67	56	67	56	44
	Fruit juice	Oasis (a)	ml	960	100	100	100	100	100	100
Canned fruits	Tetra Pack	National brand 10X200ml	ml	2 000	56	78	44	56	89	89
		House brand 10X200ml	ml	2 000	0	33	22	44	56	67
Canned vegetables	Peaches	Del Monte - Halves or slices	ml	796	33	33	56	56	56	44
		National brand	ml	398	56	67	89	67	67	78
	"Canada Choice" green peas	House brand	ml	398	44	100	56	67	56	67
		National brand	ml	341	78	89	100	100	100	100
		House brand	ml	341	22	100	89	78	78	78
Bakery products	White bread	National brand	g	675	78	56	100	89	89	67
		Wholewheat bread	g	675	22	67	89	100	78	67
	Cookies	Christie - Chips Ahoy!	g	350	100	78	56	100	0	89
		Christie - Pirate	g	350	89	89	100	67	0	100
	Crackers	Christie - Premium Plus Crackers	g	225	33	56	44	33	44	56
		Christie - Premium Plus Crackers	g	450	89	89	67	89	100	100
		Christie - Ritz Crackers	g	225	67	78	78	89	78	100
		Christie - Ritz Crackers	g	400	67	100	67	78	89	100
		Christie - Ritz Crackers	g	400	67	100	67	78	89	100
	Preparations	Betty Crocker - SuperMoist (a)	g	510	89	100	89	89	100	67
		Quaker - Muffin Mix (a)	g	900	0	100	89	100	100	100
	Baking powder	Magic	g	225	89	100	100	100	89	100
		Magic	g	450	89	89	89	78	78	89
		Magic	g	450	89	89	89	78	78	89
	Cereal products	Instant rice	Kraft - Minute Rice	g	700	100	89	67	78	78
National brand			g	1 000	44	56	78	67	56	78
All-purpose white flour		National brand	g	2 500	89	89	100	100	100	89
		National brand	g	5 000	22	44	56	22	44	56
		National brand	g	10 000	56	100	89	89	89	89
Cereals		General Mills - Cheerios	g	400	100	100	100	89	100	100

**Table A-7  
(Continued)**

Category	Sub-category	Item	Unit	Quantity	Nunavik						
					2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	
					%						
Pasta	Macaroni	Kellogg's - Special K	g	475	100	67	44	56	44	33	
		Post - Honey Comb	g	400	78	100	89	78	78	78	
		Catelli	g	500	78	89	89	100	89	89	
	Spaghetti	Catelli	g	900	78	78	67	78	67	89	
		Catelli	g	500	78	78	89	67	78	78	
		Catelli	g	900	89	89	89	89	89	67	
Soup	Macaroni and cheese	Kraft - Kraft Dinner "Original"	g	225	89	89	100	56	100	89	
	Soup mix	Lipton - Beef Vegetable	g	94	89	89	78	100	89	78	
		Lipton - Chicken Noodle	g	228	78	67	78	78	56	78	
Sugar	Canned tomato soup	Campbell's	ml	284	100	100	100	78	89	100	
	Natural granulated sugar	National brand	g	2 000	100	78	100	100	100	89	
	Hot chocolate mix	Nestlé Carnation (a)	g	280	100	89	100	89	100	100	
Sweet spreads	Strawberry jam	National brand	ml	500	100	100	100	100	100	89	
		House brand	ml	500	33	67	67	67	44	56	
		National brand	ml	500	89	100	100	100	100	100	
Other preparations	Peanut butter	House brand	ml	500	22	89	78	78	78	67	
		National brand	ml	1 000	78	89	78	78	78	78	
		House brand	ml	1 000	44	22	33	33	0	11	
	Coffee whitener	Nestlé Carnation - Coffee Mate	g	450	100	100	89	89	100	100	
		Microwavable popcorn	Orville Redenbacher's 3 X 99	g	297	67	78	78	67	56	44
		Tomato ketchup	Heinz - Plastic bottle	ml	375	78	89	78	67	78	67
Condiments, spices and vinegar	Heinz - Plastic bottle	Heinz - Plastic bottle	ml	750	89	78	89	67	78	89	
		Heinz - Plastic bottle	ml	1 000	100	100	100	89	100	100	
		House brand	ml	375	22	11	11	22	11	33	
	Mayonnaise	House brand	ml	1 000	22	89	56	67	44	44	
		Kraft - Miracle Whip	ml	475	89	89	100	100	100	89	
		French's	ml	400	78	67	89	89	89	56	
	Mustard	National brand	g	1 000	0	89	100	100	67	100	
		House brand	ml	946	89	100	100	89	100	100	
		National brand	ml	946	0	11	78	67	78	67	
	Shortening	National brand	ml	1 420	78	56	100	89	89	89	
		National brand	g	454	100	100	100	100	100	100	
		National brand	bag	36	89	89	100	100	67	89	
Coffee and tea	Orange Pekoe Tea	National brand	bag	72	100	100	100	100	89	100	
		National brand	bag	150	78	89	100	89	78	78	
	Instant coffee	National brand	g	200	78	100	100	100	78	100	
Ground coffee	Maxwell House	g	326	89	100	100	100	89	100		
	Nabob Coffee Co.	g	326	67	67	56	67	67	33		
	National brand	ml	500	0	67	67	44	22	89		
Non-alcoholic beverages	Soft drinks	National brand	ml	4 260	67	67	78	78	11	100	
		National brand	ml	276	78	89	89	67	89	100	
	Flavour crystals	Tang (a)	g	276	78	89	89	67	89	100	
Baby products	Diapers	Pampers - Baby Dry No. 1	unit	84	22	56	67	56	78	78	
		Pampers - Baby Dry No. 2	unit	72	56	78	89	78	56	78	
		Pampers - Baby Dry No. 3	unit	60	56	67	89	67	89	100	
		Pampers - Baby Dry No. 4	unit	52	56	44	67	78	78	78	
		Pampers - Baby Dry No. 5	unit	46	89	78	89	89	89	78	
		Pampers - Baby Dry No. 6	unit	40	67	78	78	67	67	67	
Household products	Baby oil	Johnson's	ml	414	67	56	44	89	78	89	
		Compliments	ml	592	33	22	22	33	22	22	
		Palmolive - Original	ml	850	78	100	100	89	89	100	
	Dishwashing liquid	Sunlight - Lemon Fresh	ml	950	100	78	89	56	44	44	
		Windex	ml	765	89	89	100	100	89	89	
		Comet	g	400	67	44	67	56	56	89	
	Fabric softener	Bounce	sheet	70	56	44	67	56	33	44	
		Bounce	sheet	80	0	33	67	78	44	67	
		Downy	sheet	80	44	44	33	33	56	33	
	Bleach	Clorox	ml	2 800	89	78	89	67	78	67	
		Sunlight	g	2 270	56	56	78	44	56	78	
		Tide Ultra	g	1 500	22	44	78	44	44	67	
Powder detergent	Tide Ultra	g	3 100	0	11	67	44	78	67		
	Sunlight	ml	1 470	56	33	44	56	56	100		
	Tide	ml	1 470	89	44	44	56	56	89		
Paper products	Facial tissues	Scotties - 3-ply	unit	94	56	89	78	100	89	89	
		White Swan - 1-ply	unit	100	56	33	44	33	22	56	
	Paper towel	Bounty - 44 sheets per roll	roll	2	56	44	33	33	44	44	
	Bathroom tissue	Cashmere - Double Roll	roll	6	0	11	44	44	56	67	
	Aluminium foil	Alcan	foot	25	67	78	78	78	78	78	
	Garbage bags	Glad - Easy-Tie	bag	10	89	44	89	89	89	100	
		Glad - Kitchen Catchers	bag	24	44	56	67	44	78	78	
	Hygiene products	Bar soap	Dove 2 X 120g	g	240	89	100	100	100	78	78
			Ivory 3 X 90g	g	270	67	100	100	100	100	100
		Tampons	Tampax Tampons (Regular)	unit	20	67	56	56	56	33	33
Tampax Tampons (Regular)			unit	40	11	33	33	22	33	22	
Sanitary napkins		Always - Maxi Pads (Regular)	unit	18	67	78	78	67	89	89	
		Always - Maxi Pads (Regular)	unit	24	0	89	67	89	78	89	
		Always - Ultra Thin (Regular)	unit	18	0	56	67	78	78	56	
		Always - Ultra Thin (Regular)	unit	22	0	22	44	44	44	44	
Toothpaste		National brand	ml	130	78	89	78	78	78	100	
		Deodorant	Lady Speed Stick	g	45	0	0	67	89	78	78
	Cotton swab	Q-Tips	box	400	0	0	100	78	67	89	
	Shampoo	Dove	ml	355	0	0	78	89	78	78	
	Finesse	ml	300	0	0	33	33	44	33		

**Table A-7**  
**(Continued)**

- notes:
- a) all varieties
  - b) all brands

**Table A-8**  
**Observed availability of products selected for analysis, Québec City, 2011-2013 N= 163**  
 (%)

Category	Sub-category	Item	Unit	Quantity	Québec City						
					2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	
					%						
Fresh meat	Chicken	Boneless chicken breasts	g	1 000	100	100	100	100	100	100	
		Chicken drumsticks	g	1 000	100	100	100	100	100	100	
		Chicken legs with back	g	1 000	100	100	100	100	100	100	
Preparations	Beef	Ground beef	g	1 000	100	100	100	100	100	100	
		T-bone steak	g	1 000	100	100	100	100	100	100	
	Pork	Pork chops	g	1 000	100	100	100	100	100	100	
	Sausages	National brand	g	450	100	100	100	100	100	100	
	Canned stew	Irish stew	g	410	0	100	100	100	100	100	
	Canned meat	Maple Leaf - KAM	g	340	0	100	100	100	100	100	
Frozen meat	Chicken	Brunswick	g	106	100	100	100	100	100	100	
		National brand	g	170	100	100	100	100	100	100	
		Boneless chicken breasts	g	1 000	0	0	0	0	0	0	
	Beef	Chicken drumsticks	g	1 000	0	0	0	0	0	100	
		Chicken legs with back	g	1 000	0	0	0	0	0	100	
		Ground beef	g	1 000	0	0	0	0	0	100	
Frozen fish	Pork	T-bone steak	g	1 000	0	0	0	0	0	100	
		Pork chops	g	1 000	0	0	0	0	0	100	
		National brand	g	700	100	100	100	100	100	100	
Frozen meals	Pizza	Kraft - Delissio Deluxe	g	927	100	100	100	100	100	100	
		McCain - Pizza Pockets	g	400	100	100	100	100	100	100	
Milk and yogurt	2% milk	National brand	ml	1 000	100	100	100	100	100	100	
		National brand	ml	2 000	100	100	100	100	100	100	
	3.25% milk	National brand	ml	1 000	100	100	100	100	100	100	
		National brand	ml	2 000	100	100	100	100	100	100	
Cream and cheese	UHT 2% milk	Grand Pré	ml	1 000	0	0	100	100	100	100	
		Frozen dairy products	ml	1 660	0	0	100	100	100	100	
	Processed cheese slices	Breyers ice cream (a)	ml	250	100	100	100	100	100	100	
		National brand	g	500	100	100	100	100	100	100	
Butter and margarine	Butter	House brand	g	500	0	100	100	100	100	100	
		National brand	g	454	100	100	100	100	100	100	
	Margarine	House brand	g	454	100	100	100	100	100	100	
		National brand	g	454	100	100	100	100	100	100	
Eggs	Whites	House brand	g	454	100	100	100	100	100	100	
		National brand	g	454	100	100	100	100	100	100	
Fresh fruits	Bananas	Large	unit	12	100	100	100	100	100	100	
		(b)	g	1 000	100	100	100	100	100	100	
	Apples	(a)	lb	3	100	100	100	100	100	100	
		Green (a)	g	1 000	100	100	100	100	100	100	
Fresh vegetables	Oranges	Red (a)	g	1 000	100	100	100	100	100	100	
		(b)	lb	3	100	100	100	100	100	100	
	Yellow onions	(b)	lb	2	100	100	100	100	100	100	
		(b)	lb	5	100	100	100	100	100	100	
	Potatoes	White (b)	lb	5	100	100	100	100	100	100	
		White (b)	lb	10	100	100	100	100	100	100	
	Lettuce	Iceberg	unit	1	100	100	100	100	100	100	
	Frozen fruits and vegetables	Carrots	(b)	lb	2	100	100	100	100	100	100
			Mini carrots (b)	g	340	100	100	100	100	100	100
		Celery	Head (b)	unit	1	100	100	100	100	100	100
French fries		National brand	g	1 000	100	100	100	100	100	100	
Dried fruits and vegetables	Fruit	Arctic Garden (a)	g	300	0	0	100	100	100	100	
		Moov (a)	g	600	0	0	100	100	100	100	
	Green peas	National brand	g	750	0	0	100	100	100	100	
	Corn	National brand	g	750	0	0	100	100	100	100	
	Mixed vegetables	National brand	g	750	0	0	100	100	100	100	
	Raisins	House brand	g	375	0	0	100	100	100	100	
Fruit juice	National brand	National brand	g	500	0	0	100	100	100	100	
		House brand	ml	341	100	100	100	100	100	100	
	Juice	Oasis (a)	ml	960	100	100	100	100	100	100	
		National brand 10X200ml	ml	2 000	0	100	100	100	100	100	
Canned fruits	Tetra Pack	House brand 10X200ml	ml	2 000	100	0	100	100	100	100	
		Del Monte - Halves or slices	ml	796	100	100	100	100	100	100	
Canned vegetables	"Canada Choice" green peas	National brand	ml	398	100	100	100	100	100	100	
		House brand	ml	398	100	100	100	100	100	100	
	"Canada Choice" corn	National brand	ml	341	100	100	100	100	100	100	
		House brand	ml	341	100	100	100	100	100	100	
Bakery products	White bread	National brand	g	675	100	100	100	100	100	100	
		Wholewheat bread	g	675	100	100	100	100	100	100	
	Cookies	Christie - Chips Ahoy!	g	350	100	100	100	100	0	100	
		Christie - Pirate	g	350	100	100	100	100	0	100	
	Crackers	Christie - Premium Plus Crackers	g	225	100	100	100	100	0	100	
		Christie - Premium Plus Crackers	g	450	100	100	100	100	100	100	
		Christie - Ritz Crackers	g	225	100	0	100	100	100	100	
		Christie - Ritz Crackers	g	400	100	100	100	100	100	100	
	Preparations	Christie - Ritz Crackers	g	400	100	100	100	100	100	100	
		Betty Crocker - SuperMoist (a)	g	510	100	0	100	100	100	100	
Cereal products	Baking powder	Quaker - Muffin Mix (a)	g	900	0	0	100	100	100	100	
		Magic	g	225	100	100	100	100	100	100	
	Instant rice	Magic	g	450	100	0	100	100	100	100	
		Kraft - Minute Rice	g	700	100	100	100	100	100	100	
Cereals	All-purpose white flour	National brand	g	1 000	100	0	100	100	100	100	
		National brand	g	2 500	100	100	100	100	100	100	
		National brand	g	5 000	100	100	100	100	100	100	
		National brand	g	10 000	100	0	100	100	100	100	
	Cereals	General Mills - Cheerios	g	400	100	0	100	100	100	100	

**Table A-8  
(Continued)**

Category	Sub-category	Item	Unit	Quantity	Québec City						
					2011-04	2011-10	2012-01	2012-04	2012-10	2013-04	
					%						
Pasta	Macaroni	Kellogg's - Special K	g	475	100	100	100	100	100	100	
		Post - Honey Comb	g	400	100	100	100	100	100	100	
		Catelli	g	500	100	100	100	100	0	100	
	Spaghetti	Catelli	g	900	100	100	100	100	100	100	
		Catelli	g	500	100	100	100	100	0	100	
		Catelli	g	900	100	100	100	100	100	100	
Soup	Macaroni and cheese	Kraft - Kraft Dinner "Original"	g	225	100	100	100	100	100	100	
	Soup mix	Lipton - Beef Vegetable	g	94	100	100	100	100	100	100	
		Lipton - Chicken Noodle	g	228	100	100	100	100	100	100	
Sugar	Canned tomato soup	Campbell's	ml	284	100	100	100	100	100	100	
	Natural granulated sugar	National brand	g	2 000	100	0	100	100	100	100	
Sweet spreads	Hot chocolate mix	Nestlé Carnation (a)	g	280	100	100	100	100	100	100	
	Strawberry jam	National brand	ml	500	100	100	100	100	100	100	
Other preparations	Peanut butter	House brand	ml	500	100	100	100	100	100	100	
		National brand	ml	500	100	100	100	100	100	100	
		National brand	ml	1 000	0	100	100	100	100	100	
	Coffee whitener	House brand	ml	1 000	100	0	100	100	100	100	
		Nestlé Carnation - Coffee Mate	g	450	100	100	100	100	100	100	
		Microwavable popcorn	Orville Redenbacher's 3 X 99	g	297	100	100	100	100	100	
Condiments, spices and vinegar	Tomato ketchup	Heinz - Plastic bottle	ml	375	100	0	100	100	100	100	
		Heinz - Plastic bottle	ml	750	100	100	100	100	100	100	
		Heinz - Plastic bottle	ml	1 000	100	0	100	100	100	100	
	Mayonnaise	House brand	ml	375	100	0	100	100	100	100	
		House brand	ml	1 000	100	0	100	100	100	100	
		Kraft - Miracle Whip	ml	475	100	100	100	100	100	100	
Seasonings	Mustard	French's	ml	400	100	100	0	100	100	100	
	Salt	National brand	g	1 000	0	0	100	100	100	100	
Fats and oils	Vegetable oil	House brand	ml	946	100	0	100	100	100	100	
		National brand	ml	946	0	100	100	100	100	100	
		National brand	ml	1 420	100	100	100	100	100	100	
	Shortening	National brand	g	454	100	100	100	100	100	100	
		National brand	bag	36	100	100	100	100	100	100	
		National brand	bag	72	100	100	100	100	100	100	
Coffee and tea	Instant coffee	National brand	g	150	100	0	100	100	100	100	
		National brand	g	200	100	100	100	100	100	100	
	Ground coffee	Maxwell House	g	326	100	100	100	100	100	100	
		Nabob Coffee Co.	g	326	100	100	100	100	0	100	
	Non-alcoholic beverages	Water	National brand	ml	500	0	0	100	100	100	100
		Soft drinks	National brand12x355ml	ml	4 260	100	100	100	100	100	100
Baby products	Diapers	Flavour crystals	g	276	0	0	100	100	100	100	
		Pampers - Baby Dry No. 1	unit	84	100	0	100	100	100	100	
		Pampers - Baby Dry No. 2	unit	72	100	0	100	100	100	100	
		Pampers - Baby Dry No. 3	unit	60	100	0	100	100	100	100	
		Pampers - Baby Dry No. 4	unit	52	100	0	100	0	100	100	
		Pampers - Baby Dry No. 5	unit	46	100	0	0	100	100	100	
	Baby oil	Pampers - Baby Dry No. 6	unit	40	100	0	100	100	100	100	
		Johnson's	ml	414	0	0	100	100	100	100	
		Compliments	ml	592	100	100	100	100	100	100	
		Palmolive - Original	ml	850	100	100	100	100	100	100	
		Sunlight - Lemon Fresh	ml	950	100	100	100	100	100	100	
		Windex	ml	765	100	100	100	100	100	100	
Household products	Dishwashing liquid	Disinfecting cleaner	g	400	100	100	100	100	100	100	
		Fabric softener	Bounce	sheet	70	0	0	100	100	100	100
		Bounce	sheet	80	100	100	100	100	100	100	
	Bleach	Downy	sheet	80	100	100	100	100	100	100	
		Clorox	ml	2 800	100	100	100	100	100	100	
		Sunlight	g	2 270	100	100	100	100	100	100	
	Powder detergent	Tide Ultra	g	1 500	0	0	100	100	100	100	
		Tide Ultra	g	3 100	0	0	100	100	100	100	
		Sunlight	ml	1 470	100	100	100	100	100	100	
		Tide	ml	1 470	100	100	100	100	100	100	
		Scotties - 3-ply	unit	94	100	0	100	100	100	100	
		White Swan - 1-ply	unit	100	100	100	0	100	0	100	
Paper products	Bounty - 44 sheets per roll	roll	2	100	100	100	100	0	100		
	Bathroom tissue	Cashmere - Double Roll	roll	6	0	0	100	100	100		
	Aluminium foil	Alcan	foot	25	100	100	100	100	100		
	Garbage bags	Glad - Easy-Tie	bag	10	100	100	100	100	100		
	Glad - Kitchen Catchers	bag	24	100	100	100	100	100	100		
	Dove 2 X 120g	g	240	100	100	100	100	0	100		
Hygiene products	Bar soap	Ivory 3 X 90g	g	270	100	100	100	100	100	100	
		Tampax Tampons (Regular)	unit	20	100	100	100	100	100		
	Sanitary napkins	Tampax Tampons (Regular)	unit	40	100	100	100	100	100	100	
		Always - Maxi Pads (Regular)	unit	18	100	0	0	100	100	100	
		Always - Maxi Pads (Regular)	unit	24	100	100	100	100	100	100	
		Always - Ultra Thin (Regular)	unit	18	0	0	100	100	100	100	
	Toothpaste	Always - Ultra Thin (Regular)	unit	22	0	0	100	100	100	100	
		National brand	ml	130	100	100	100	100	100	100	
		Deodorant	Lady Speed Stick	g	45	0	0	100	100	100	
		Cotton swab	Q-Tips	box	400	0	0	100	100	100	
		Shampoo	Dove	ml	355	0	0	100	100	100	
		Finesse	ml	300	0	0	100	100	100	100	

**Table A-8**  
**(Continued)**

Notes:

- a) all varieties
- b) all brands

**Table A-9**  
**List of eligible items under the Food Program of the Kativik Regional Government and Makivik Corporation, updated on February 15 2012**

Category	Sub-category	Item	Unit	Quantity	
Dairy products and eggs	2% UHT Milk	Grand Pré	ml	1 000	
		Compliments	g	454	
	Butter	Multichoix	g	455	
		Sans Nom	g	456	
	Eggs	Nutri-Ceuf - large	1 douzaine	12	
Fresh fruits	Apples	Northern - large	1 douzaine	12	
			lb	3	
	Oranges	Oranges	unité	1	
		Clementines	sac	1	
		Mandarin oranges	sac	1	
Fresh vegetables	Yellow Onions		lb	2	
			lb	5	
	White potatoes	lb	5		
Bakery products	White bread	Northern	lb	10	
		Pom	g	570	
		No Name	g	675	
	Baking powder <sup>1</sup>	Magic	g	225	
		Magic	g	450	
	Pasta	Macaroni	Catelli	g	500
			Catelli	g	900
Cereal products	Spaghetti	Catelli	g	500	
		Catelli	g	900	
	Instant rice	Kraft - Minute Rice	g	350	
		Kraft - Minute Rice	g	700	
		Dainty - Instant rice (beef, chinese fried rice)	g	350	
	Flour <sup>2</sup>	All-purpose white flour	g	1 000	
		All-purpose white flour	g	2 500	
All-purpose white flour			5 000		
All-purpose white flour			10 000		
Sugar	Cereal <sup>3</sup>	Special K	g	300	
	Granulated sugar <sup>4</sup>	Lantic	g	900	
		Lantic	g	2 000	
		Lantic	g	4 000	
		Redpath - fine sugar	g	900	
		Redpath - white granulated sugar	g	2 000	
Coffee and tea	Tea	Tetley	sachet	72	
		Red Rose	sachet	72	
		Salada	sachet	72	
Fats and oils	Vegetable oil	Crisco	ml	946	
		Crisco	ml	1 892	
		Canola oil	ml	1 000	
		Canola oil	ml	2 000	
Baby products	Diapers <sup>5</sup>	Pampers Baby-dry	unité	43	
		Huggies - Ultratrim	unité	24	
		Pampers Jumbo size 6	unité	ns	
		Pampers size 6	unité	ns	
		Convenience pack	unité	ns	
		Jumbo pack	unité	ns	
		Mega pack	unité	ns	
		Ultra	unité	ns	
		Semisers	unité	ns	
		GoodNite	unité	ns	
		Pull-Ups	unité	ns	
		Pampers Baby-dry medium	unité	32	
		Pampers premium newborn	unité	40	
		Pampers Baby-dry size 5	unité	30	
		Pampers Easy-Up jumbo size 3 and 4	unité	26	
		Pampers Baby-dry size 1	unité	40	
		Pampers Baby-dry size 2	unité	34	
		Pampers Baby-dry size 3	unité	28	
		Pampers Baby-dry size 4	unité	24	
		Pampers Baby-dry size 5	unité	22	
Household products	Powder detergent <sup>6</sup>	Tide	g	1 300	
		Tide	g	3 000	
		Tide	g	5 000	
		Tide	g	2 000	
		Tide Ultra - Original scent, 37 loads	g	2 400	
		Tide Ultra - Tide Free & Gentle, 37 loads	g	2 400	
		Tide Ultra - Mountain Spring, 37 loads	g	2 400	
		Royale - 2 ply (192 sheets per roll)	rouleau	8	
		Fiesta	rouleau	24	
		Fiesta	rouleau	12	
Paper products	Toilet paper	Majesta	rouleau	16	
		Compliments	rouleau	24	

**Table A-9**  
**(Continued)**

Notes:

- <sup>1</sup> All package sizes and brands of baking powder were added in September 2009.
- <sup>2</sup> All package sizes and brands of flour were added in September 2009.
- <sup>3</sup> Kellogg's Special K cereal (475 g) were added in February 2010.
- <sup>4</sup> All package sizes and brands of sugar were added in September 2009.
- <sup>5</sup> The following package sizes and brands of diapers were added in February 2010: Pampers Baby Dry, Convenience Pack, Size 4 (4X24), Pampers Easy Ups Trainers for Girls, Jumbo Pack, Size 4 (4X26), Pampers Easy Ups Trainers for Boys, Jumbo Pack, Size 4 (4X26).
- <sup>6</sup> Tide Powder Detergent
  - a) all varieties
  - b) all brands
  - ns) non specified